Building Hope Adult Day Center Activity Calendar / February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY BIRTHDAY to you!		Program Hours: Monday – Thursday 9:00 am – 5:30 pm Friday 9:00 am – 5:00 pm Calendar subject to change without notice.	AND THE IS	1 Coloring Pages Exercises Bowling D.C., Horoscopes Groundhog Trivia Let's Stretch Games & Puzzles Gardening Groundhog Mad Lib Celebrate the Groundhog
Puzzles Exercises Balloon Swat D.C., Weather & Horoscopes Gardening Let's Stretch Chinese New Year Bingo Word Mining	5 Memories with Dennis Jurcak Exercises Daily Chronicles Chinese N Y Trivia Use Your Noodle Chinese N Y Art Cards Categories Chinese New Year	6 Table Games Exercises Ring Toss D.C., Weather & Horoscopes Let's Stretch Puzzles Games Gardening Alpha Challenge	7 Coloring Pages Exercises Target Practice Daily Chronicles Random Trivia Use Your Noodle Cards with La Jean Arts & Crafts Junk Drawer Detective	8 Dice Games Exercises Basketball D.C., Weather & Horoscopes Yoga/Meditation Games & Puzzles Gardening What Wrong With This Picture?
Table Games Exercises Hula Hoop Frisbie D.C., Weather & Horoscopes Have a Ball Gardening Jingo Word Mining	12 Guitar with Phil Mercurio Exercises Daily Chronicles Alpha Challenge Let's Stretch Valentine Art Project with Dos Caminos Puzzles	Coloring Pages Exercises Mexican Hats D.C., Weather & Horoscopes Angel Visit Have a Ball Gardening Games & Cards "Box of Chocolate" Word Game	14 Word Puzzles Exercises Team Darts Daily Chronicles Who/What Am I? Yoga/Meditation Cards with La Jean Arts & Crafts Valentine's Day Sing-a-Long	Board Games Exercises Team Giant Dice D.C., Weather & Horoscopes Have a Ball Gardening Game Center Dice Games
Offices Closed	19 Word Puzzles Exercises Horseshoes Daily Chronicles Presidential Trivia Use Your Noodle Art Project Card Games Pt. 1 First Ladies "Who Am I?	20 Card Games Exercises Beach Ball Toss D.C., Weather & Horoscopes Let's Stretch Puzzles Dice Games Word Mining Gardening	Valentine's Day 21 Pineapple Strummers Exercises Daily Chronicles Pt. 2 First Ladies "Who Am I?" Use Your Noodle Cards with La Jean Arts & Crafts Junk Drawer Detective	Dice Games Exercises Target Practice D.C., Weather & Horoscopes Yoga/Meditation Bingo Gardening What's Wrong With This Picture? Celebrate Kiyo
Puzzles Exercises Giant Dice D.C., Weather & Horoscopes Applesthenics Gardening Puzzles Hidden Pictures Name the Star Academy Awards Week	Word Puzzles Guitar with Phil Mercurio Exercises Daily Chronicles Hollywood Trivia Let's Stretch Art Project Cards Movie Mad Libs	Dice Games Exercises Bean Bag Toss D.C., Weather & Horoscopes Applesthenics Angel Visit Gardening Cards & Games Movie Trivia	Coloring Pages Love on a Leash Exercises Daily Chronicles Movie Trivia Yoga/Meditation Cards with La Jean Arts & Crafts Name the Star	