

MEMORY

*Saturday,
February 3rd*



11:00 am - 12:30 pm

CAFE

What is a Memory Café?

A Memory Café provides a relaxed gathering place for friends with memory loss, and their family caregivers, to enjoy a meal and socialize.

What You Can Expect:

- Share a meal with your loved one
- A relaxed environment
- New friendships with people who have similar experiences
- Peer support
- Resources and education
- No charge to attend

REGISTRATION REQUIRED
PLEASE CONTACT (805) 388-1952
EXT. 100

2018 dates!

June 2

August 25

October 27

 CAMARILLO HEALTH CARE DISTRICT
alzheimer's  association®

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