

# MEMORY

*Saturday,  
February 3rd*



*11:00 am - 12:30 pm*

# CAFE

## What is a Memory Café?

A Memory Café provides a relaxed gathering place for friends with memory loss, and their family caregivers, to enjoy a meal and socialize.

## What You Can Expect:

- Share a meal with your loved one
- A relaxed environment
- New friendships with people who have similar experiences
- Peer support
- Resources and education
- No charge to attend

**REGISTRATION REQUIRED**  
**PLEASE CONTACT (805) 388-1952**  
**EXT. 100**

*2018 dates!*

*June 2*

*August 25*

*October 27*

 CAMARILLO HEALTH CARE DISTRICT  
**alzheimer's  association®**

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