



MINUTES

October 23, 2025

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Zoom: <https://us06web.zoom.us/j/83990103018>

Board of Directors - Present

Neal Dixon, MD, President
Thomas Doria, MD, Vice President
Paula Feinberg, Director
Lydia Dixon, PhD, Director

Staff - Present

Blair Barker, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Brandie Thomas, Clerk to the Board

General Counsel

Aleks Giragosian, Esq.,
Colantuono Highsmith Whatley, PC

Participants

Rick Wood, *CSDA Financial Services*
Samantha Prall, *Platinum Strategies, Inc.*

1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, October 23, 2025, at 11:31 a.m., by Neal Dixon, President.

2. **Pledge of Allegiance** – Director N. Dixon

3. **Public Comment** – None

4. **Consent Agenda**

It was **MOVED** by Director Feinberg, **SECONDED** by Director Doria, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: **Ayes:** N. Dixon, Doria, Feinberg, L. Dixon **Nays:** **Absent:** Loughridge

5. **Action Items**

6-A. **Review/ Discussion /Action:** Consideration, discussion, and recommendation for approval to financial reports for period ending August 31, 2025.

It was **MOVED** by Director Doria, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve the financial reports for period ending August 31, 2025.

ROLL CALL VOTE: **Ayes:** N. Dixon, Doria, Feinberg, L. Dixon **Nays:** **Absent:** Loughridge

6-B. Review/ Discussion /Action: Consideration, discussion, and recommendation for approval of financial reports for period ending September 30, 2025.

It was **MOVED** by Director Feinberg, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve financial reports for period ending September 30, 2025.

ROLL CALL VOTE: Ayes: N. Dixon, Doria, Feinberg, L. Dixon **Nays:** **Absent:** Loughridge

6-C. Review/ Discussion /Action: Consideration, discussion, and recommendation for approval of District Resolution 25-13, Recognizing November 2025 as National Family Caregivers Month.

It was **MOVED** by Director Doria, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 25-13, Recognizing November 2025 as National Family Caregivers Month.

ROLL CALL VOTE: Ayes: N. Dixon, Doria, Feinberg, L. Dixon **Nays:** **Absent:** Loughridge

6-D. Review/ Discussion /Action: Consideration, discussion, and recommendation for approval to amend the Board Policy Manual, adopting Policy 1170, Temporary Furlough.

It was **MOVED** by Director Feinberg, **SECONDED** by Director Doria, and **MOTION PASSED** that the Board of Directors approve amending the Board Policy Manual, adopting Policy 1170, Temporary Furlough.

ROLL CALL VOTE: Ayes: N. Dixon, Doria, Feinberg, L. Dixon **Nays:** **Absent:** Loughridge

7-A. Reviewed Chief Executive Officer Annual Performance Evaluation Form.

7-B. Reviewed General Counsel Annual Performance Evaluation Form.

8. Emerging Opportunities

- No ideas submitted for discussion.

9. Reports

- **Board President Comments** –
 - N. Dixon reminded board members of the Halloween in the Park and Trunk or Treat event on October 29th at the Community Center. CEO Barker confirmed the District will be participating in this event.
 - N. Dixon followed up on the 2025 Camarillo Christmas Parade. CEO Barker confirmed Camarillo Health Care District will be participating this year.
 - N. Dixon asked about SB 827, new law mandating local agency officials receive fiscal and financial training every two years. Trainings are anticipated to start in 2026, with more information to follow.
- **Program & Emerging Opportunities Committee** – No report.
- **Healthy Camarillo Committee** –
 - CEO Blair Barker and Director Lydia Dixon met with Greg Ramirez, City Manager, to discuss Healthy Camarillo. The next meeting is TBD.
- **Board Member Comments** – No comments.


- **CEO Report** –

- CEO Barker mentioned we are day 23 into the government shutdown. The district has three programs that are funded by federal grants, so we are keeping a close watch.
- Two staff trainings are scheduled for employee development:
 - Tri-County GLAD will be doing a presentation on mental health for the hard of hearing and deaf communities, scheduled for October 30, 2025.
 - Emotional Intelligence (EI) scheduled for December 5, 2025.
- Michelle Rogers, Community Services Manager, presented Best Practices in Virtual Reality at the ACHD Annual Meeting.
- CEO Barker announced the District is hosting its first Family Caregiver Symposium on December 16, 2025.
- CSUCI and the District: CEO Barker mentioned that students in the Health Sciences Department have been meeting and interviewing staff in the ADC; Another class is working on an Evaluation Study, researching Dementia Live Simulation and an increase in compassion and empathy; Dr. Lydia Dixon's Healthy Aging class came for a tour at the District.
- The Longevity Diaries: About Aging Gracefully, a short documentary by Chris Kondo featured an interview with CEO Barker.

10. Presentation

Asa Vaughn-Burnett, Care Services Director; Mariana Gutierrez, Health Promotion Coordinator; and Alyssa Rodriguez, Health Promotion Coach, led the board members through the Pedaling the Planet Virtual Reality Program.

11. Having no further business this meeting was adjourned at 12:59 p.m.



Neal Dixon, MD
President