

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Board of Directors - Present

Thomas Doria, MD, President
Neal Dixon, MD, Vice President
Paula Feinberg, Clerk of the Board
Louanne Kroell, PT, Director

Staff - Present

Kara Ralston, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Brandie Thomas, Clerk to the Board

Participants

Aleks Giragosian, Esq., *Colantuono Highsmith
Whatley, PC*

Participants

Rick Wood, *CSDA Financial Services*
Shalene Hayman, *Hayman Consulting*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, September 28, 2023, at 11:30 a.m., by Thomas Doria, President.
 2. **Pledge of Allegiance** – Director Kroell
 3. **Amendments to the Agenda** - None
 4. **Public Comment** – None

Director Dixon arrived at the meeting at 11:32 a.m.

5. **Consent Agenda**

It was **MOVED** by Director Feinberg, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: **Ayes:** Doria, Dixon, Feinberg, Kroell **Nays:** **Absent:** Loh

6. **Action Items**

8-A. Review/ Discussion /Action: Consideration, discussion, and recommendation for approval of District Financial Reports for period ending August 31, 2023.

It was **MOVED** by Director Doria, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve District Financial Reports for period ending August 31, 2023.

ROLL CALL VOTE: **Ayes:** Doria, Dixon, Feinberg, Kroell **Nays:** **Absent:** Loh

8-B. Review/Discussion/Action: Consideration, discussion, and recommendation for approval of District Resolution 23-08, Adopting the 2024 Regular Board Meeting Calendar.

It was **MOVED** by Director Doria, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 23-08, Adopting the 2024 Regular Board Meeting Calendar.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Kroell Nays: Absent: Loh

8-C. Review/Discussion/Action: Consideration, discussion, and recommendation for approval of District Resolution 23-09, Amending District Bylaws, Article VI, Section 2, Committees, Standing Committees of the Board.

It was **MOVED** by Director Dixon, **SECONDED** by Director Doria, and **MOTION PASSED** that the Board of Directors approve District Resolution 23-09, Amending District Bylaws, Article VI, Section 2, Committees, Standing Committees of the Board.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Kroell Nays: Absent: Loh

7. Emerging Opportunities GC 54954.2, (a)(1)

- Board and staff discussed process and development of form for submitting ideas from the board and public to review suggested topics, engage public, and invite feedback on areas of potential community need.

Director Feinberg left the meeting at 1:15 p.m.

8. Reports

- Board President Comments – None
- Board Member Comments – None
- Health Insurance Premium Ad Hoc Committee – Director Dixon reported that the committee met and will be able to make a recommendation on updating the health premium contribution after the required actuary report on October 9, 2023.
- Program & Opportunity Committee – Previously discussed form for submitting ideas during Emerging Opportunities section. Nothing additional to report at this time.
- CEO Report
 - The district has been involved in conversation with a task force contemplating a city-wide initiative toward health and will continue those conversations with the city and other community members on Oct 12. Director Dixon is confirmed to attend with CEO Ralston.
 - The district is very honored to have received the CSDA Innovative Program of the Year-Small District award for the Adventures in VR program to combat isolation, depression and loneliness through new and shared experiences. This is the third innovation award the district has received in the last eight years. The conference was the largest in its history with 950 attendees. This program's success and innovation led to further funding from the City of Camarillo CDBG program to mobilize into skilled nursing facilities and other residential care facilities.
 - CEO Ralston was the featured speaker at the recent ACHD annual conference's General Session. Having heard of the CSDA award, the ACHD wanted us to share the program with the health care district members in attendance. There were 120 attendees.

- In ongoing efforts to serve all of our demographics, the District was welcomed to the Camarillo Boys and Girls Club to demonstrate the VR program. The program was well received by the children; got multiple “thumbs up”; and even got a “cool” mention.
- Adult Day Program has reached its monthly budget target for the first time since the COVID-19 pandemic.
- Assemblymember Jacqui Irwin toured the District and experienced the SMARTfit and VR programs. Her COVID Community Relief funding appropriation was the foundation for these programs. She and her staff member thoroughly enjoyed their experience.
- The District’s community presence has expanded exponentially in the past year, due to the skilled efforts of Michelle Rogers, the Community Education & Outreach Manager. August reflected 36,000 views to our website and 35,000 visits on NextDoor; the e-newsletter open rate remains in the high 40% (average open rate is 15-25%); our YouTube channel video showing a virtual tour of the Adult Day Center has 1,400 views.

9. Having no further business this meeting was adjourned at 1:24 p.m.



Thomas Doria, MD
President