

Job Opportunity

Health Promotion Coach-(Dementia)

The *Health Promotion Coach (Caregiver Center)* will provide infrastructure to the District's dementia specialty programs, create additional caregiver access points, develop and maintain database for facilitating ongoing support and linkages that continue to inform and educate caregivers through their caregiving journey and assist in creating a dementia friendly community across Ventura County.

Example of Job Duties

- Responsible for the implementation and service deliverables of the Dementia Friendly Caregiver Engagement Project
- Utilize person-centered, evidence informed practices for caregivers who provide support for a person with dementia
- Enhance caregiver engagement by providing ongoing caregiver contact to connections, linkages, and resources supporting the caregiver throughout their journey.
- Become a certified as a Dementia Live facilitator
- Develop, plan, coordinate, collect, maintain, and track all program data for the Dementia Live workshops
- Develop relationships with care agencies to provide Dementia Live workshops to both personal and professional caregivers
- Become certified as a Dealing with Dementia facilitator
- Develop, plan, coordinate, collect, maintain, track all program data for Dealing with Dementia workshops
- Become trained as an Alzheimer's Association's Community Voice to train different sectors of Ventura County to be dementia friendly.
- Reach out and develop interest of businesses, faith communities, financial institutions, libraries, and others to become dementia friendly trained and informed about local dementia resources, creating a knowledgeable, safe and respectful community for individuals with dementia and their caregivers.
- Develop, plan, coordinate, collect, maintain, track all program data for Dementia Friendly trainings
- Work cooperatively with the District's Care Management Department to develop and coordinate care plans for the caregiver of people with dementia being served by the Care Management Department.
- Develop, plan, coordinate, collect, maintain, track all program data regarding dementia caregivers referred by the Care Management Department and develop loopback communication to the Care Management Department.
- Lead the planning, developing and implementing the District's Memory Cafes.
- Encourage and create opportunities that attract people with dementia and their caregivers to connect with others through participation in Memory Cafes
- Provide the REACH program
- Provide short-term, goal oriented, case management services that address the social determinants of health through a whole person comprehensive assessment (in-home or Caregiver Center setting) and the development of a client-centered Care Plan addressing the health, psychosocial, financial, legal, spiritual, functional, and caregiving challenges
- Co-facilitate caregiver support groups and meet regularly
- Ongoing development regarding job knowledge of dementia issues, including the needs and resources necessary to support family caregivers of someone with dementia
- Provide presentations and in-services at community meetings to promote services of the Caregiver Center.
- Become trained/proficient in the Dr. Eric Coleman model of Care Transitions Intervention (CTI) with focus on program delivery and fidelity.
- Demonstrate flexibility in the delivery of CTI services without over- reliance on rules and regulations.
- Coordinate and work cooperatively with referral sources for successful client intakes and handoffs to appropriate programs.
- Evaluate clients and their social, physical and mental functioning through home visits, phone calls, record reviews, caregiver information and consultations with applicable agencies.
- Follow safety protocols for home visits.
- Communicate effectively with clients and/or their caregivers through listening, open-ended questions; paraphrasing; reframing and redirecting.
- Demonstrate patient-centered focus and skill transfer techniques during intervention.
- Model and facilitate new behaviors and communication skills for patients and families.
- Coach clients toward self-management and achievement of their individual goals.

- Coordinate and refer clients to appropriate programs within the District, such as Adult Day Program, Senior Nutrition, support groups and evidence-based classes.
- Coordinate and refer clients in need of outside support services to other LTSS providers throughout the county.
- Provide timely patient data entry per contract requirements, as well as preparing and maintaining reports as requested.
- Develop, build, and maintain effective working relationships, timelines, and workflows with area hospitals, skilled nursing facilities, Home Health agencies and other allied health providers.
- Actively participate in Case Management Team meetings, as well as other committees as requested, for ongoing program development and improvements.
- Participate in the ongoing development of job knowledge relating to the growing body of practice of care transitions and LTSS case management, as well as required trainings.
- Perform related duties and responsibilities, as assigned.

Education: Minimum of a B.A. Degree within related field such as social work, public health.

Experience: Minimum (1) one year experience working with older adults and client data management.

Excellent communication skills, ability to build personal rapport, and keen understanding of the concept of “person-centered” care and goals.

Experience in activating people to communicate is preferred.

Demonstrated skills in utilizing computer equipment and software, including but not limited to, such products as MS Office Suite, databases, websites and the Internet, and including the ability to type in an efficient and accurate manner.

Compensation and Benefits

Full-time; 40 hours per week.

Term of position: up to a 1 year assignment with possible extension;

Monday through Friday 8:00 am—5:00 pm. Pay: \$20.00 per hour.

The District also offers an attractive benefits package, including:

California Public Employees’ Retirement System (CalPERS); CalPERS 457 Deferred Compensation plan

Medical insurance plans offered through the CalPERS Health Program.

Annual Accrual Rates: Leave accrual rates vary bi-weekly, based on years of service and weekly hours worked

Holidays: The District observes 11 holidays per year.