



**REGULAR BOARD MEETING**  
**SEPTEMBER 18, 2025 - 11:30 AM**

**CAMARILLO HEALTH CARE DISTRICT**  
**3615 E LAS POSAS ROAD, SEQUOIA ROOMS**  
**CAMARILLO, CA 93010**





## **2025 Board Meeting Calendar**

January 23, 2025, 11:30 a.m.

February 27, 2025, 11:30 a.m.

March 27, 2025, 11:30 a.m.

April 24, 2025, 11:30 a.m.

May 22, 2025, 11:30 a.m.

June 5, 2025, 11:30 a.m. (Budget)

June 26, 2025, 11:30 a.m. (Optional)

July - Dark

August 21, 2025, 11:30 a.m.

September 18, 2025, 11:30 a.m.

October 23, 2025, 11:30 a.m.

November 20, 2025, 8:30 a.m.  
(Annual Board Leadership and Education)

December - Dark



**Camarillo Health Care District  
Procedures for Communication With  
The Board of Directors**

Meetings with the Board of Directors are conducted for the purpose of accomplishing District business. As a matter of District policy and state law, meetings shall ordinarily be held in public. Pursuant to state law, the Board of Directors may conduct closed meeting sessions to discuss certain matters which are confidential.

Community involvement in the District is an essential element of an effective health care district.

Communications with the Board of Directors as a unit may be either in writing or by personal appearance at a meeting of the Board.

**Written Communication** – In order that the subject of the communication may be placed on the agenda, it must be requested in correspondence to the Board. Written communication addressed to the Board of Directors should reach the Administration office of the District no later than ten (10) business days prior to the date of the meeting at which the matter concerned is to be discussed.

**Oral Presentations by Members of the Public to the Board of Directors and Requests by the Public to Place a Matter Directly Related to District Business on a Board Agenda** – When an individual or group expects to communicate with the Board of Directors by means of personal appearance at a meeting of the Board or requests that a matter relating to District business be added to the Board’s agenda, the District’s Chief Executive Officer must be notified no later than ten (10) days before the Board meeting at which the matter concerned is to be discussed by the Board and those submitting the request.

Individuals wishing to comment on an agenda item when an item appears on the agenda for discussion or at the designated time for Public Comments, during the Board meeting, shall complete a Speakers Card and submit it to the Clerk of the Board.

It is desirable that when a statement presented to the Board is extensive or is formally requesting consideration of specific items the statement should be written and a copy filed with the Board of Directors.

Public comments at Board Meetings – The Board may receive comments or testimony at regularly scheduled meetings on matters **not on the agenda** which any member of the public may wish to bring before the Board, provided that no action is taken by the Board on such matters at the same meeting at which such testimony is taken.

**In addressing the Board, the following rules of courtesy will be observed:**

- **All remarks will be addressed to the President of the Board.**
- **Individuals will speak on a specific item of concern.**
- **Three (3) minutes will be allowed individuals, or in the case of a group of people speaking on a specific item, ten (10) minutes will be permitted for the presentation.**
- **Members of the Board of Directors reserve the right to waive time limitations.**

In the event that any meeting is willfully interrupted by a group or groups of persons so as to render the orderly conduct of such meeting unfeasible and order cannot be restored by the removal of individuals who are willfully interrupting the meeting, the members of the Board of Directors conducting the meeting may order the meeting room cleared and continue in session. Only matters appearing on the agenda may be considered in such a session. Duly accredited representatives of the press or other news media, except those participating in the disturbance, shall be allowed to attend any session held pursuant to this section.

The Board may discuss and take action on any agenda item properly submitted by a member of the public and published in an agenda. The Board President reserves the right to limit discussion and/or defer further deliberations on an agenda topic to a subsequent meeting if additional information is needed to render a decision or appropriate action. Matters involving legal procedure will be referred to Administration for study or further referral.



## **AGENDA**

### **Regular Meeting of the Board of Directors**

**September 18, 2025 – 11:30 a.m.**

Camarillo Health Care District

3615 E Las Posas Road, Camarillo, CA 93010

Sequoia Rooms

#### **Board of Directors**

Neal Dixon, MD, President

Thomas Doria, MD, Vice President

Paula Feinberg, Clerk of the Board

Lydia Dixon, PhD, Director

Cris Loughridge, Director

#### **Staff**

Blair Barker, Chief Executive Officer

Sonia Amezcua, Chief Administrative Officer

Brandie Thomas, Clerk to the Board

#### **General Counsel**

Aleks Giragosian, Esq.,

*Colantuono Highsmith Whatley, PC*

#### **Participants**

Rick Wood, *CSDA Financial Services*

Shalene Hayman, *Hayman Consulting*

**1. CALL TO ORDER**

**2. ROLL CALL**

**3. PLEDGE OF ALLEGIANCE– Director L. Dixon**

**4. PUBLIC COMMENT - Ca. GC Section 54954.3**

The Board reserves this time to hear from the public. Speakers are requested to complete a Speaker Card and submit to the Clerk to the Board. Your name will be called in order of the agenda item. Comments regarding items not on the agenda can be heard only; items on the agenda can be discussed. Three minutes per speaker; multiple speakers on the same topic/agenda item will be limited to 20 minutes total.

**5. CONSENT AGENDA**

Consent Agenda items are considered routine and are acted upon without discussion, with one motion. If discussion is requested, that item(s) will be removed from the Consent Agenda for discussion and voted on as a separate item. If no discussion is requested, the Board President may request a motion to approve as presented.

**A. Meeting Minutes**

Recommendation: Approval of Finance/Investment Committee Meeting of August 21, 2025.  
**(Section 5-A)**

**B. Meeting Minutes**

Recommendation: Approval of Regular Board Meeting of August 21, 2025.  
**(Section 5-B)**

**C. Meeting Minutes**

Recommendation: Approval of Executive Committee Meeting of September 8, 2025.  
**(Section 5-C)**

**Motion to approve** Consent Agenda as presented.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

N. Dixon \_\_\_\_\_ Doria \_\_\_\_\_ Feinberg \_\_\_\_\_ L. Dixon \_\_\_\_\_ Loughridge \_\_\_\_\_

**AGENDA ITEMS-ACTION**

**6. A. Review/ Discussion /Action** - Consideration, discussion, and approval of the Disclosure of Reimbursement Report for fiscal year 2024/2025, District Policy 1120. **(Section 6-A)**

**Motion to approve** Disclosure of Reimbursement Report for fiscal year 2024/2025, District Policy 1120.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

N. Dixon \_\_\_\_\_ Doria \_\_\_\_\_ Feinberg \_\_\_\_\_ L. Dixon \_\_\_\_\_ Loughridge \_\_\_\_\_

**B. Review/ Discussion /Action** - Consideration, discussion, and approval of District Resolution 25-10, Adopting the 2026 Regular Board Meeting Calendar. **(Section 6-B)**

**Motion to approve** District Resolution 25-10, Adopting the 2026 Regular Board Meeting Calendar.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

N. Dixon \_\_\_\_\_ Doria \_\_\_\_\_ Feinberg \_\_\_\_\_ L. Dixon \_\_\_\_\_ Loughridge \_\_\_\_\_

**C. Review/ Discussion /Action** - Consideration, discussion, and approval of District Resolution 25-11, Signature Authorization and Investment Authorization with Five Star Bank. **(Section 6-C)**

**Motion to approve** District Resolution 25-11, Signature Authorization and Investment Authorization with Five Star Bank.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

N. Dixon \_\_\_\_\_ Doria \_\_\_\_\_ Feinberg \_\_\_\_\_ L. Dixon \_\_\_\_\_ Loughridge \_\_\_\_\_

**D. Review/ Discussion /Action** - Consideration, discussion, and approval of District Resolution 25-12, Signature Authorization and Investment Authorization with Ventura County Credit Union. **(Section 6-D)**

**Motion to approve** District Resolution 25-12, Signature Authorization and Investment Authorization with Ventura County Credit Union.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

N. Dixon \_\_\_\_\_ Doria \_\_\_\_\_ Feinberg \_\_\_\_\_ L. Dixon \_\_\_\_\_ Loughridge \_\_\_\_\_

**AGENDA ITEMS-DISCUSSION**

**7. EMERGING OPPORTUNITIES**

- Discussion and consideration of emerging initiatives based on community need.
- Update and discussion on Healthy Camarillo Meeting

**8. REPORTS**

- Board President Comments
- Board Committee Report(s)
  - Program & Emerging Opportunities Committee
  - Healthy Camarillo Committee
- Board Member Comments
- Chief Executive Officer Report

**9. FUTURE MEETING AND EVENTS**

BOARD OF DIRECTORS MEETINGS

|   |                                |
|---|--------------------------------|
| <b>ACHD Annual Meeting – San Diego</b>  | September 24-26, 2025          |
| Executive Committee: <b>Dixon/Doria</b> | October 13, 2025 – 12:30 p.m.  |
| Finance Committee: <b>Feinberg</b>      | October 23, 2025 – 10:00 a.m.  |
| Regular Full Board                      | October 23, 2025 – 12:30 p.m.  |
| Executive Committee: <b>Dixon/Doria</b> | November 10, 2025 – 12:30 p.m. |
| Regular Full Board                      | November 20, 2025 – 8:30 a.m.  |
| Regular Full Board                      | December - <b>DARK</b>         |

- 10. ADJOURNMENT** - This meeting of the Camarillo Health Care District Board of Directors is adjourned at \_\_\_\_\_ p.m.

**ACTION ITEMS** not appearing on the agenda may be addressed on an emergency basis by a majority vote of the Board of Directors when a need for action arises.

**ADA compliance statement:** In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Clerk to the Board of Directors, Brandie Thomas, at (805) 482-9382. Notification 48 hours prior to the meeting will enable the District to make reasonable arrangements to ensure accessibility to this meeting.

**Note:** This agenda was posted on [www.camhealth.com](http://www.camhealth.com) and the Camarillo Health Care District Administration Office, on or before, September 15, 2025, at 11:30 a.m.





**SECTION 5**

**CONSENT AGENDA 5-A**

**FINANCE/INVESTMENT COMMITTEE MEETING  
MINUTES OF AUGUST 21, 2025**



## MINUTES

August 21, 2025

### Finance and Investment Committee Meeting

Camarillo Health Care District  
3615 E Las Posas Road, Camarillo, CA 93010  
Oak Room

#### Board of Directors - Present

Paula Feinberg, Clerk of the Board

#### Staff - Present

Blair Barker, Chief Executive Officer  
Sonia Amezcua, Chief Administrative Officer  
Brandie Thomas, Clerk to the Board

#### Participants

Rick Wood, *CSDA Financial Services*

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1. **Call to Order** – The Finance and Investment Committee meeting was called to order by Director Feinberg, at 10:00 a.m.
  2. No public comment.
  3. Discussed staff recommendation for banking and investment change; Close Mechanics Bank and move monies to Ventura County Credit Union.
  4. Reviewed Statement of Net Assets and Investment and Reserve Report for quarter ending June 30, 2025.
  5. Reviewed Preliminary Operating Results Statement of Activities and Tax Revenue for quarter ending June 30, 2025.
  6. Reviewed Preliminary Operating Results Statement of Activities by Department for quarter ending June 30, 2025.
  7. Reviewed Check Register and Check Register Comparison for quarter ending June 30, 2025.
  8. Quarterly Legal Expense Reviewed.
  9. Credit Card Expense Reviewed.
  10. The next Finance and Investment Committee Meeting will be held on October 23, 2025, at 10:00 a.m.
  11. Having no further business, this meeting was adjourned at 11:01 a.m.

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Paula Feinberg, Clerk of the Board  
Director





**SECTION 5**

**CONSENT AGENDA 5-B**

**REGULAR BOARD MEETING  
MINUTES OF AUGUST 21, 2025**





## MINUTES

August 21, 2025

### Regular Meeting of the Board of Directors

Camarillo Health Care District  
3615 E. Las Posas Rd. Camarillo, CA 93010  
Sequoia Rooms

#### **Board of Directors - Present**

Neal Dixon, MD, President  
Thomas Doria, MD, Vice President  
Paula Feinberg, Clerk of the Board  
Lydia Dixon, PhD, Director  
Cris Loughridge, Director

#### **Staff - Present**

Blair Barker, Chief Executive Officer  
Sonia Amezcua, Chief Administrative Officer  
Brandie Thomas, Clerk to the Board

#### **General Counsel**

Taylor Anderson, Esq.,  
*Colantuono Highsmith Whatley, PC*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, August 21, 2025, at 11:32 a.m., by Thomas Doria, Vice President.

2. **Pledge of Allegiance** – Director Feinberg

3. **Public Comment** – None

4. **Consent Agenda**

It was **MOVED** by Director Feinberg, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

**ROLL CALL VOTE: Ayes:** N. Dixon, Doria, Feinberg, L. Dixon, Loughridge **Nays:** **Absent:**

5. **Action Items**

**6-A. Review/ Discussion /Action:** Consideration, discussion, and approval of District Resolution 25-08, Signature Authorization and Investment Authorization in the Ventura County Treasury Pool.

It was **MOVED** by Director Doria, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve District Resolution 25-08, Signature Authorization and Investment Authorization in the Ventura County Treasury Pool.

**ROLL CALL VOTE: Ayes:** N. Dixon, Doria, Feinberg, L. Dixon, Loughridge **Nays:** **Absent:**

**6-B. Review/ Discussion /Action:** Consideration, discussion, and approval of District Resolution 25-09, Authorizing Investment of Monies in the Local Agency Investment Fund.

It was **MOVED** by Director L. Dixon, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve District Resolution 25-09, Authorizing Investment of Monies in the Local Agency Investment Fund.

**ROLL CALL VOTE: Ayes:** N. Dixon, Doria, Feinberg, L. Dixon, Loughridge **Nays: Absent:**

**6-C. Review/ Discussion /Action:** Consideration, discussion, and approval of committee assignment.

It was **MOVED** by Director N. Dixon, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the assignment of board member Cris Loughridge to the Finance/Investment Committee.

**ROLL CALL VOTE: Ayes:** N. Dixon, Doria, Feinberg, L. Dixon, Loughridge **Nays: Absent:**

**6. Emerging Opportunities**

- No ideas submitted for discussion.

**7. Reports**

- **Board President Comments** – No comments.
- **Finance/Investment Committee** – Committee reported on discussion of financial institution change recommendation they will bring to September agenda.
- **Program & Emerging Opportunities Committee** – Director Doria reported on interest of continued development of VIP Program.
- **Healthy Camarillo Committee** – Director L. Dixon reported on attending the Healthy Camarillo meeting on August 14, 2025, where RFPs for a consultant project manager were reviewed. The next committee meeting is September 15, 2025, to continue the selection process.
- **Board Member Comments** – No comments.
- **CEO Report** –
  - CEO Barker reminded board members that we are transitioning to paperless board packets.
  - CEO Barker invited board members to attend the Brain Injury Center Gala on September 13, 2025, from 4-7 p.m.
  - CEO Barker introduced Asa Vaughn-Burnett, new Care Services Director.
  - CEO Barker provided a brief overview of SB 1249.
  - Adult Day Center Director, Mary Ann Ratto, was highlighted for her department's continued progress in increasing clients to pre-covid numbers.
  - Community Services Manager, Michelle Rogers, was acknowledged for her Moving Seniors Forward Presentation and assisting the group with training to become a Dementia Friend. This training helps organizations heighten their awareness of dementia and equips them to respond warmly and effectively when serving people living with dementia and their families.

**8.** Having no further business this meeting was adjourned at 12:24 p.m.



**SECTION 5**

**CONSENT AGENDA 5-C**

**EXECUTIVE COMMITTEE MEETING  
MINUTES OF SEPTEMBER 8, 2025**





## MINUTES

September 8, 2025

### Executive Committee Meeting

Camarillo Health Care District  
3615 E Las Posas Road, Camarillo, CA 93010  
Oak Room

#### Board of Directors – Present

Neal Dixon, MD, President

#### Staff - Present

Blair Barker, Chief Executive Officer  
Brandie Thomas, Clerk to the Board

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1. **Call to Order** – The Executive Committee Meeting was called to order by President Dixon, at 12:43 p.m.
  2. **Public Comment** – None
  3. Reviewed the proposed Agenda for the Regular Board Meeting of September 18, 2025.
  4. **Board President Report** - None
  5. Next Executive Committee Meeting will be held on October 13, 2025, at 12:30 p.m.
  6. Meeting adjourned at 12:59 p.m.

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Neal Dixon, MD  
President





**SECTION 6**

**BOARD ACTION ITEM 6-A**

**DISCLOSURE OF REIMBURSEMENT REPORT  
FISCAL YEAR 2024/2025  
DISTRICT POLICY 1120**



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# Camarillo Health Care District

## POLICY MANUAL

**POLICY TITLE:** Disclosure of Reimbursement Policy

**POLICY NUMBER:** 1120

**1120.1** This policy is established to provide for the process for the annual disclosure report of employee and director reimbursements consistent with the provisions of California Government Code §53065.5.

**1120.2** By no later than October 1<sup>st</sup> after the end of each fiscal year, the Chief Executive Officer will submit a detailed report to the Board of Directors, that discloses any reimbursement paid to any employee or member of the Board of Directors, by the District, within the immediately preceding fiscal year, of at least one hundred dollars (\$100), for each individual charge for service or product received.

**1120.3** “Individual charge” includes, but is not limited to, one meal, lodging for one day, transportation, or a registration fee paid to any one employee or member of the Board of Directors of the District.

**1120.4** This report shall be made available for public inspection following ratification, and can also be obtained by contacting the District.





**Annual Disclosure Report  
2024-2025**

| <u>Name</u> | <u>Date</u> | <u>Amount</u> | <u>Reason</u>               |
|-------------|-------------|---------------|-----------------------------|
| Bukal, Amy  | 10/22/2024  | \$134.23      | ADP Groceries Reimbursement |
| Bukal, Amy  | 5/3/2025    | \$103.78      | ADP Game Reimbursement      |





**SECTION 6**

**BOARD ACTION ITEM 6-B**

**DISTRICT RESOLUTION 25-10  
ADOPTING THE 2026 REGULAR BOARD MEETING CALENDAR**





## RESOLUTION NO. 25-10

### Adopt the 2026 Regular Board Meeting Calendar

Resolution of the Board of Directors  
Camarillo Health Care District  
Camarillo, California

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**WHEREAS**, Camarillo Health Care District holds its Regular Board of Directors meetings on the fourth Thursday of each month at 11:30 a.m., with the following exceptions: June will calendar two meetings for budget process; May and August will meet on the third Thursday; November will meet on the third Thursday at 8:30 a.m.;

**WHEREAS**, pursuant to District By-laws, Article IV, Section 1; *"REGULAR BOARD MEETINGS: A minimum of ten (10) regular Board meetings per year shall be held at a time and place to be fixed by resolution. The Board may, from time to time, by resolution, change the time and place of such meetings."*;

**THEREFORE, BE IT RESOLVED**, that the Board of Directors adopts the following Board Meeting Schedule:

Thursday: January 22, 2026, 11:30 a.m.  
February 26, 2026, 11:30 a.m.  
March 26, 2026, 11:30 a.m.  
April 23, 2026, 11:30 a.m.  
May 21, 2026, 11:30 a.m.  
June 4, 2026, 11:30 a.m. (Budget)  
June 25, 2026, 11:30 a.m. (Optional)  
July - Dark  
August 20, 2026, 11:30 a.m.  
September 24, 2026, 11:30 a.m.  
October 22, 2026, 11:30 a.m.  
November 19, 2026, 8:30 a.m.  
(Annual Board Leadership and Education)  
December - Dark

**ADOPTED, SIGNED AND APPROVED** this 18th day of September 2025.

\_\_\_\_\_  
Neal Dixon, MD, President  
Board of Directors  
Camarillo Health Care District

Attest: \_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District

STATE OF CALIFORNIA)

COUNTY OF VENTURA) ss

**I, Paula Feinberg**, Board of Directors of the Camarillo Health Care District **DO HEREBY CERTIFY** that the foregoing Resolution 25-10 was duly adopted by the Board of Directors of said District at a Regular Meeting held on the 18th day of September 2025, and it was adopted by the following vote:

AYES: \_\_\_\_\_

NAYS: \_\_\_\_\_

ABSENT: \_\_\_\_\_

ABSTAIN: \_\_\_\_\_

\_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District



## **2026 Board Meeting Calendar**

January 22, 2026, 11:30 a.m.

February 26, 2026, 11:30 a.m.

March 26, 2026, 11:30 a.m.

April 23, 2026, 11:30 a.m.

May 21, 2026, 11:30 a.m.

June 4, 2026, 11:30 a.m. (Budget)

June 25, 2026, 11:30 a.m. (Optional)

July - Dark

August 20, 2026, 11:30 a.m.

September 24, 2026, 11:30 a.m.

October 22, 2026, 11:30 a.m.

November 19, 2026, 8:30 a.m.  
(Annual Board Leadership and Education)

December - Dark



## January

| S  | M  | T  | W  | T  | F  | S  |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

22 Fin Com 10 AM

## February

| S  | M  | T  | W  | T  | F  | S  |
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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

## March

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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |    |    |    |    |

## April

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |    |    |

23 Fin Com 10 AM

## May

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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |

## June

| S  | M  | T  | W  | T  | F  | S  |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |    |

## July

| S  | M  | T  | W  | T  | F  | S  |
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| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

DARK

## August

| S  | M  | T  | W  | T  | F  | S  |
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| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |    |    |    |    |    |

20 Fin Com 10 AM

## September

| S  | M  | T  | W  | T  | F  | S  |
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |    |    |

## October

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

22 Fin Com 10 AM

## November

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

## December

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

DARK

Executive Committee Meeting

Board Meeting

Finance Committee Meeting

Association Annual Meetings



## 2026 Board and Committee Meeting Calendar

| Board Meetings   | Executive Committee Meetings           |
|--|--|
| January 22, 2026 – 11:30 a.m.                                    | January 12, 2026 – 12:30 p.m.          |
| February 26, 2026 – 11:30 a.m.                                   | February 17, 2026 – 12:30 p.m.         |
| March 26, 2026 – 11:30 a.m.                                      | March 16, 2026 – 12:30 p.m.            |
| April 23, 2026 – 11:30 a.m.                                      | April 13, 2026 – 12:30 p.m.            |
| May 21, 2026 – 11:30 a.m.  | May 11, 2026 – 12:30 p.m.              |
| June 4, 2026 – 11:30 a.m. Budget Presentation                    | June 15, 2026 – 12:30 p.m. (If Needed) |
| June 25, 2026 – 11:30 a.m. – 2 <sup>nd</sup> Reading (If Needed) | July 2026 - Dark                       |
| July 2026 - Dark   | August 10, 2026 – 12:30 p.m.           |
| August 20, 2026 – 11:30 a.m.                                     | September 14, 2026 – 12:30 p.m.        |
| September 24, 2026 – 11:30 a.m.                                  | October 12, 2026 – 12:30 p.m.          |
| October 22, 2026 – 11:30 a.m.                                    | November 9, 2026 – 12:30 p.m.          |
| November 19, 2026 – 8:30 a.m. (Annual Board Leadership)          | December 2026 – Dark                   |
| December 2026 – Dark   |  |
|  |  |
| Special Events   | Finance/Investment Committee Meetings  |
| 2026 – CSDA Annual Conference - TBD                              | January 22, 2026 – 10:00 a.m.          |
| October 6-8, 2026 – ACHD Annual Conference – Monterey            | April 23, 2026 – 10:00 a.m.            |
|  | August 20, 2026 – 10:00 a.m.           |
|  | October 22, 2026 – 10:00 a.m.          |





**SECTION 6**

**BOARD ACTION ITEM 6-C**

**DISTRICT RESOLUTION 25-11  
SIGNATURE AUTHORIZATION AND INVESTMENT AUTHORIZATION  
WITH FIVE STAR BANK**





## RESOLUTION NO. 25-11

### SIGNATURE AUTHORIZATION AND INVESTMENT AUTHORIZATION WITH FIVE STAR BANK

*Resolution of the Board of Directors  
Camarillo Health Care District  
Camarillo, California*

---

**WHEREAS**, the Finance Policy of the Camarillo Health Care District (District), reviewed on January 23, 2025, delegates specific investment authority to the Chief Executive Officer of the District; and

**WHEREAS**, the District Finance Policy, Section 4, Financial Practices states: The Chief Executive Officer (CEO) will follow standard business practices in payment of District obligations and will maintain adequate liquidity to meet those obligations. Authorized signatories are the Chief Executive Officer (CEO), Chief Administrative Officer (CAO), and all members of the Board of Directors; and

**WHEREAS**, the Camarillo Health Care District maintains several bank accounts in order to transact business, and must have officials authorized to sign for, open and maintain such accounts on behalf of the District; and

**NOW, THEREFORE, BE IT RESOLVED**, that the Camarillo Health Care District Board of Directors, authorizes the Chief Executive Officer to open and/or maintain bank accounts with Five Star Bank; and

**BE IT FURTHER RESOLVED** that the following Camarillo Health Care District officials or their successors, shall be authorized signatories to order the deposit or withdrawal of monies in Five Star Bank:

|                     |  |
|---------------------|--|
| Neal Dixon          | President of the Board of Directors      |
| Thomas Doria        | Vice President of the Board of Directors |
| Paula Feinberg      | Clerk of the Board of Directors          |
| Lydia Dixon         | Director                                 |
| Cristina Loughridge | Director                                 |
| Blair Barker        | Chief Executive Officer                  |
| Sonia Amezcua       | Chief Administrative Officer             |

**ADOPTED, SIGNED, AND APPROVED** this 18th day of September 2025.

\_\_\_\_\_  
Neal Dixon, MD, President  
Board of Directors  
Camarillo Health Care District

Attest: \_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District

STATE OF CALIFORNIA)

COUNTY OF VENTURA ) ss

**I, Paula Feinberg**, Clerk of the Board of Directors of the Camarillo Health Care District

**DO HEREBY CERTIFY** that the foregoing Resolution 25-11 was duly adopted by the Board of Directors of said District at a Regular Meeting held on the 18th day of September 2025, and it was adopted by the following vote:

AYES: \_\_\_\_\_

NAYS: \_\_\_\_\_

ABSENT: \_\_\_\_\_

ABSTAIN: \_\_\_\_\_

\_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District

September 18, 2025

Five Star Bank  
2240 Douglas Blvd., Suite 100  
Roseville, CA 95661

To Five Star Bank (“Bank”):

I, Blair Barker, Chief Executive Officer of Camarillo Health District (“Depositor”) whose Federal Tax ID Number is 95-2834854, certify that the resolutions on this document are correct and that the following individuals (“Authorized Signers”) are authorized to sign on all the Depositor’s accounts and services with Five Star Bank as indicated below:

| Signer Legal Name, Title                    | State DL/ID # | ID Issue Date | ID Exp. Date | Signature | Authorization/<br>Powers<br><small>Select all that apply from options (1) (2) (3) (4) below</small> |
|---|---------------|---------------|--------------|-----------|---|
| Blair Barker, Chief Executive Officer       | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Sonia Amezcua, Chief Administrative Officer | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Thomas Doria, Director                      | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Lydia Dixon, Director                       | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Neal Dixon, Director                        | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Paula Feinberg, Director                    | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |
| Cristina Loughridge, Director               | CA [REDACTED] | [REDACTED]    | [REDACTED]   |           | (1) (2) (3) (4)   |

I, Blair Barker, further certify that subject to the Bank’s Account Agreement, Contract for Deposit of Monies, and other related agreements with the Bank, Authorized Signers are authorized to exercise from one or more of the following powers related to bank accounts and services on behalf of the Depositor as indicated above for each of the respective signers:

- (1) Establish, operate and close accounts;

Neal Dixon, MD, President  
Thomas Doria, MD, Vice President  
Paula Feinberg, Clerk of the Board  
Lydia Dixon, PhD, Director  
Cris Loughridge, Director

- (2) Sign checks, drafts, or orders for payment of money or otherwise withdraw or transfer funds on deposit with Five Star Bank;
- (3) Enter into service agreements for electronic banking and other depository services, merchant services and credit cards;
- (4) Give instructions, either orally or in writing, for transfer of funds electronically or other medium acceptable to the Bank subject to the Bank's terms and conditions for such services.

| Signer Name         | Email Address                    | Bus. Phone # | Mobile Phone # | Passcode*  |
|---------------------|----------------------------------|--------------|----------------|------------|
| Blair Barker        | bbarker@camhealth.com            | ██████████   | ██████████     | ██████     |
| Sonia Amezcua       | Samezcua@camhealth.com           | ██████████   | ██████████     |            |
| Thomas Doria        | directordoria@camhealth.com      | ██████████   | ██████████     | ██████████ |
| Lydia Dixon         | directorldixon@camhealth.com     | ██████████   | ██████████     | ██████     |
| Neal Dixon          | directorndixon@camhealth.com     | ██████████   | ██████████     |            |
| Paula Feinberg      | directorfeinberg@camhealth.com   | ██████████   | ██████████     | ██████████ |
| Cristina Loughridge | directorloughridge@camhealth.com | ██████████   | ██████████     | ██████████ |

*\*A Passcode is required if one is not already on file with the Bank for the respective Authorized Signer. A unique security passcode is to be provided for each signer as an enhanced verification method to identify signers when they contact the bank. The Passcode can be a single word or short phrase that is 5 – 30 characters in length, unique to the signer, easy to remember and hard for someone else to guess. Signers may contact the bank directly to provide their selected Passcode if preferred.*

The undersigned certifies that the above authorizations, resolutions and/or powers have been duly adopted by the governing body of the Depositor and are in full force and effect as of the date executed below. This letter supersedes all prior authorizations, resolutions, or powers with respect to accounts with the Bank and the Bank may rely on the authorizations, resolutions or powers contained in this letter until written notice of amendment has been received and the Bank has a reasonable opportunity to act on the notice.

Sincerely,

\_\_\_\_\_  
Chief Executive Officer

Date: \_\_\_\_\_





**SECTION 6**

**BOARD ACTION ITEM 6-D**

**DISTRICT RESOLUTION 25-12  
SIGNATURE AUTHORIZATION AND INVESTMENT AUTHORIZATION  
WITH VENTURA COUNTY CREDIT UNION**





## RESOLUTION NO. 25-12

### SIGNATURE AUTHORIZATION AND INVESTMENT AUTHORIZATION WITH VENTURA COUNTY CREDIT UNION

*Resolution of the Board of Directors  
Camarillo Health Care District  
Camarillo, California*

---

**WHEREAS**, the Finance Policy of the Camarillo Health Care District (District), reviewed on January 23, 2025, delegates specific investment authority to the Chief Executive Officer of the District; and

**WHEREAS**, the District Finance Policy, Section 4, Financial Practices states: The Chief Executive Officer (CEO) will follow standard business practices in payment of District obligations and will maintain adequate liquidity to meet those obligations. Authorized signatories are the Chief Executive Officer (CEO), Chief Administrative Officer (CAO), and all members of the Board of Directors; and

**WHEREAS**, the Camarillo Health Care District maintains several bank accounts in order to transact business, and must have officials authorized to sign for, open and maintain such accounts on behalf of the District; and

**NOW, THEREFORE, BE IT RESOLVED**, that the Camarillo Health Care District Board of Directors, authorizes the Chief Executive Officer to open and/or maintain bank accounts with Ventura County Credit Union; and

**BE IT FURTHER RESOLVED** that the following Camarillo Health Care District officials or their successors, shall be authorized signatories to order the deposit or withdrawal of monies in Ventura County Credit Union:

|                     |  |
|---------------------|--|
| Neal Dixon          | President of the Board of Directors      |
| Thomas Doria        | Vice President of the Board of Directors |
| Paula Feinberg      | Clerk of the Board of Directors          |
| Lydia Dixon         | Director                                 |
| Cristina Loughridge | Director                                 |
| Blair Barker        | Chief Executive Officer                  |
| Sonia Amezcua       | Chief Administrative Officer             |

**ADOPTED, SIGNED, AND APPROVED** this 18th day of September 2025.

\_\_\_\_\_  
Neal Dixon, MD, President  
Board of Directors  
Camarillo Health Care District

Attest: \_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District

STATE OF CALIFORNIA)

COUNTY OF VENTURA ) ss

**I, Paula Feinberg**, Clerk of the Board of Directors of the Camarillo Health Care District

**DO HEREBY CERTIFY** that the foregoing Resolution 25-12 was duly adopted by the Board of Directors of said District at a Regular Meeting held on the 18th day of September 2025 and it was adopted by the following vote:

AYES: \_\_\_\_\_

NAYS: \_\_\_\_\_

ABSENT: \_\_\_\_\_

ABSTAIN: \_\_\_\_\_

\_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District



**SECTION 8**

**REPORTS**



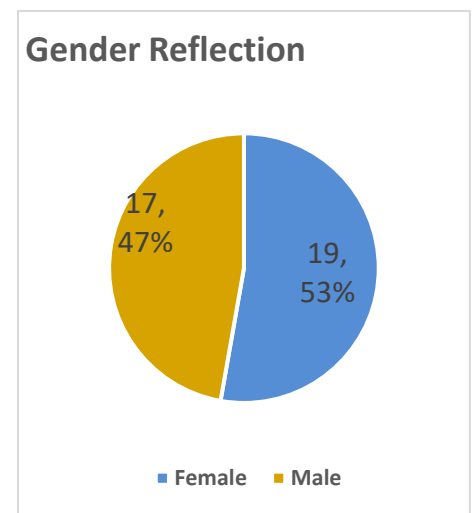
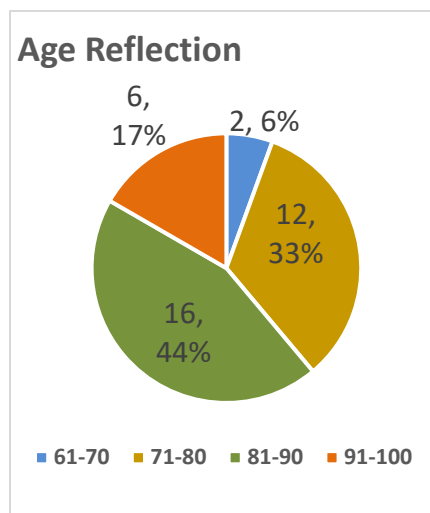
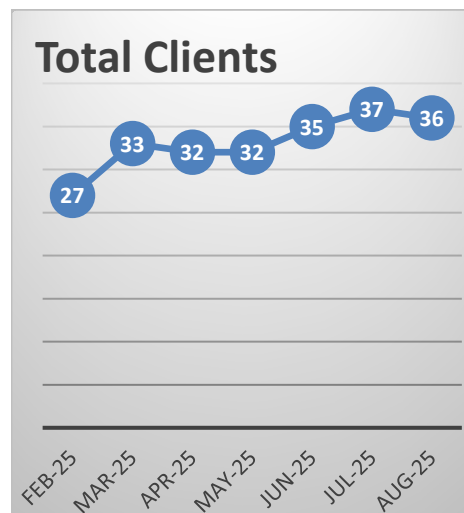
# MEMORANDUM

**DATE:** August 31, 2025  
**TO:** Blair Barker, Chief Executive Officer  
**FROM:** Mary Ann Ratto, Adult Day Center Director  
**SUBJECT:** *August 2025 Monthly Report*

## PROGRAM DESCRIPTION

Since 1983, Camarillo Health Care District has operated a state-licensed Adult Day Center for adults (age 18 and over) with cognitive impairment and other special needs. With intentional thoughts, the Adult Day Center provides a compassionate and dynamic environment where persons with functional and cognitive disabilities can participate in meaningful activities, allowing them to remain as independent as possible with dignity, respect, and honor. Participants enjoy a variety of scheduled activities modified and designed to promote self-esteem, endurance, and engagement. Customized schedules are available full day, half day, multiple or single days in a week, with transportation options.

## PROGRAM QUICK VIEW

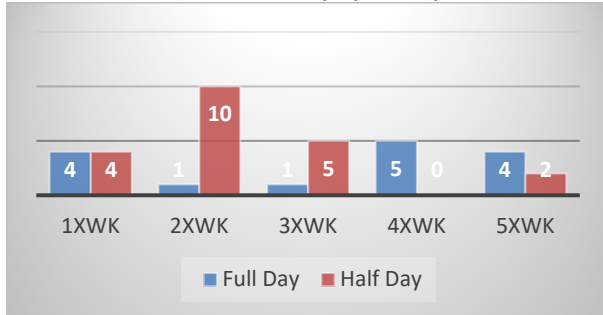


|                      |         |
|----------------------|---------|
| Total Clients:       | 36      |
| Current average age: | 85      |
| Current oldest:      | 99 (fe) |
| Current youngest:    | 69 (ma) |

|               | FEB | MAR | APR | MAY | JUN | JUL | AUG |
|---------------|-----|-----|-----|-----|-----|-----|-----|
| <b>Female</b> | 10  | 13  | 15  | 15  | 17  | 18  | 19  |
| <b>Male</b>   | 17  | 20  | 17  | 17  | 18  | 19  | 17  |

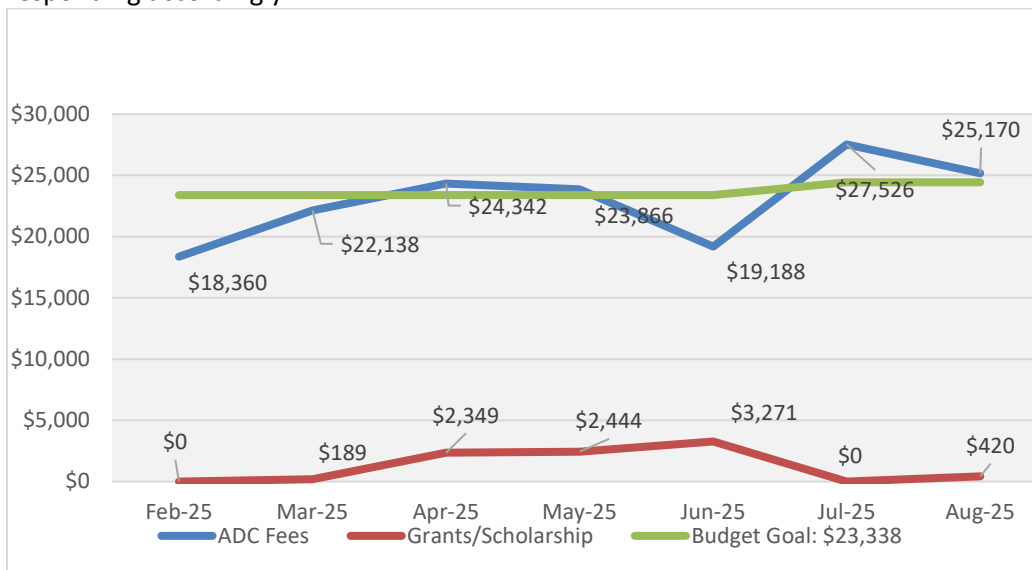
### Attendance: # of days/wk

The District’s Community Care license is for a maximum of 40 clients, present at any given time during the 9am-3pm service day, with staffing ratios of 8:1. It is important for staffing ratios to monitor attendance at all times, and this chart reflects the ways a day’s attendance can vary. Of note in the chart below is the current popularity of clients attending two half days, each week.



### Program Revenue

Program revenue has begun to recover from the COVID-19 restrictions; the final COVID-19 restriction was lifted in May 2023 by Community Care Licensing, thus allowing for an increased number of participants to be served daily. The client count has increased, with a slight dip during the fall and winter season; days/weeks attendance has increased during Spring and Summer, and revenue is responding accordingly.



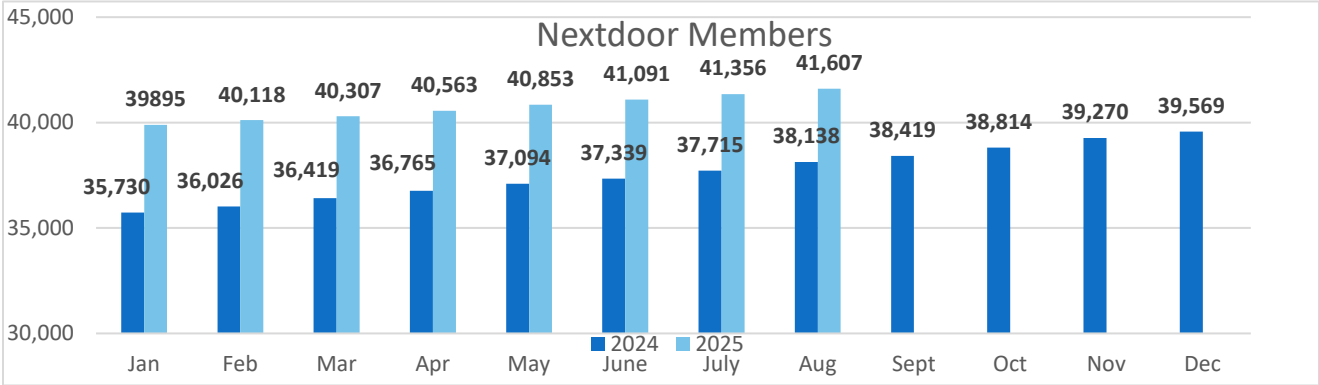
# MEMORANDUM

**DATE:** Sept. 8, 2025  
**TO:** Blair Barker, CEO  
**FROM:** Michelle Rogers, Community Services Manager  
**SUBJECT:** *Monthly Program Report: August 2025*

## PROGRAM DESCRIPTION – Social Media

Community Education & Outreach focuses on developing, producing and facilitating the various educational and outreach platforms of Camarillo Health Care District, including:

- highlight classes, services, programs and departments, and posting consistently
- boost brand awareness by creating original content
- share timely and varied posts to create a dynamic social media portfolio
- curate, like and comment on content that aligns with mission; follow/like local agencies
- maintain a pulse on community conversations to help expand audience
- increase community engagement by asking and answering questions, hosting polls, and sharing our own thought leadership pieces that initiate and inform conversations.



### NEXTDOOR

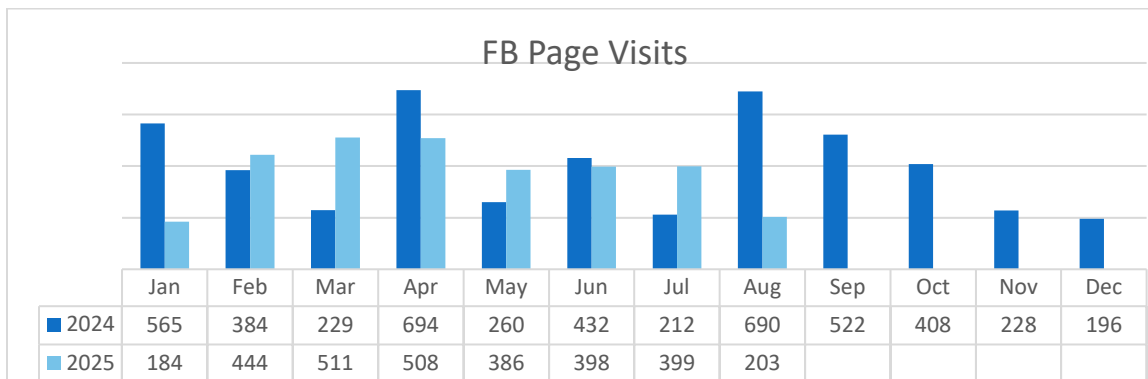
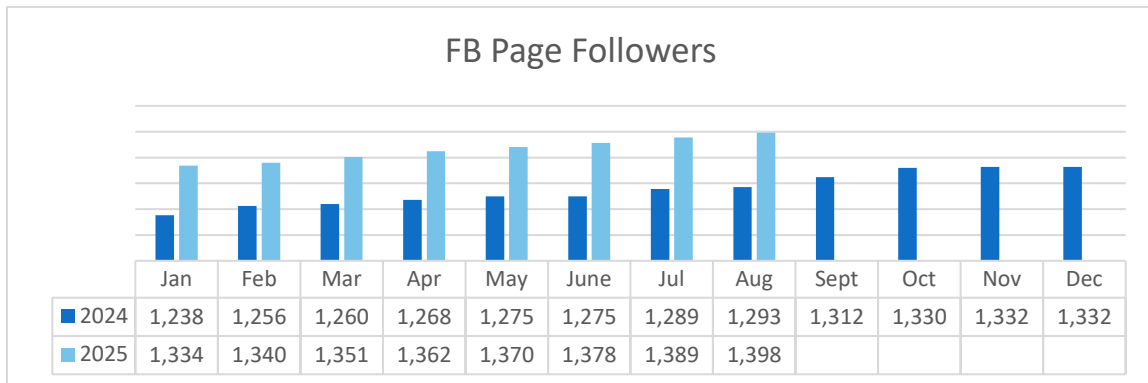
- There are 41,607 members in the geographic area we reach in Camarillo and Somis.
- 15,349 total impressions in August, down 3,198 from July.
- 137 total interactions, up 8 from last month.
  - **Impressions** are the number of times a post is seen (may include multiple views by the same people); **Interactions** include likes and comments.
- MOST POPULAR: New CHCD CEO announcement.
- 2nd MOST POPULAR: CARE-A-VAN Transportation Services.

### FACEBOOK

36% of our FB audience lives in Camarillo; 92% are ages 35-65+ and the majority are women at 87%.

- PAGE VISITS: last 30 days, 203 visits; last 90 days, 1,098.
- HIGHEST REACH: Caregiver Support Group, 1,046 reach.
  - **Reach** is the number of people who saw any post at least once.
  - **Impressions** are the number of times a post is seen and may include multiple views of the post by the same people.

- HIGHEST IMPRESSIONS: Caregiver Support Group, 1,121 impressions.
- HIGHEST INTERACTIONS: New CEO announcement, 50 interactions.
  - **Interactions** are number of reactions, comments, shares and saves on a post.



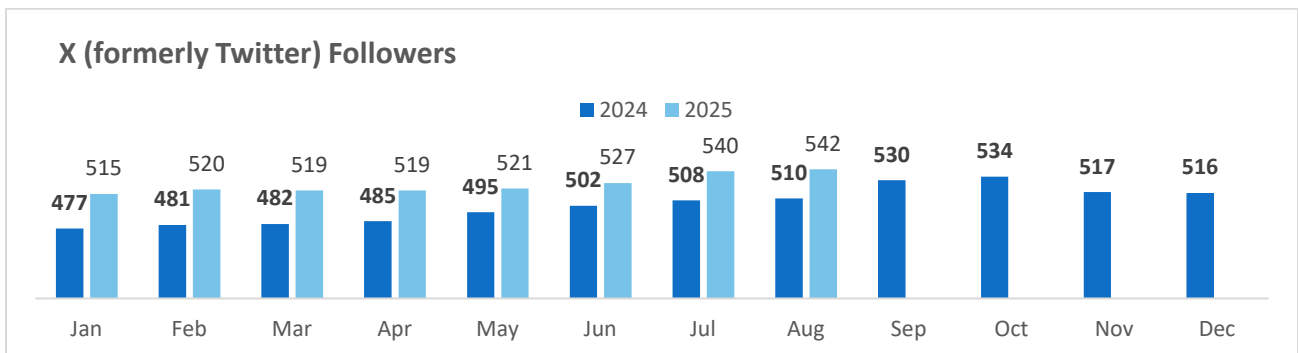
Facebook Page Visits are dramatically impacted by paid advertising (boosts) on Facebook. Spikes can be seen in months we run employment ads on Facebook.

### X (formerly called Twitter)

There were 58 re-posts, 76 likes, 1,449 post impressions and an engagement rate of 3.7% for the month.

**Engagements** are clicks, retweets, replies, follows and likes; **Impressions** are the number of times a user saw the tweet; **Engagement rate** is the number of engagements divided by the total number of impressions. An engagement rate of 1-3% is considered “excellent.”

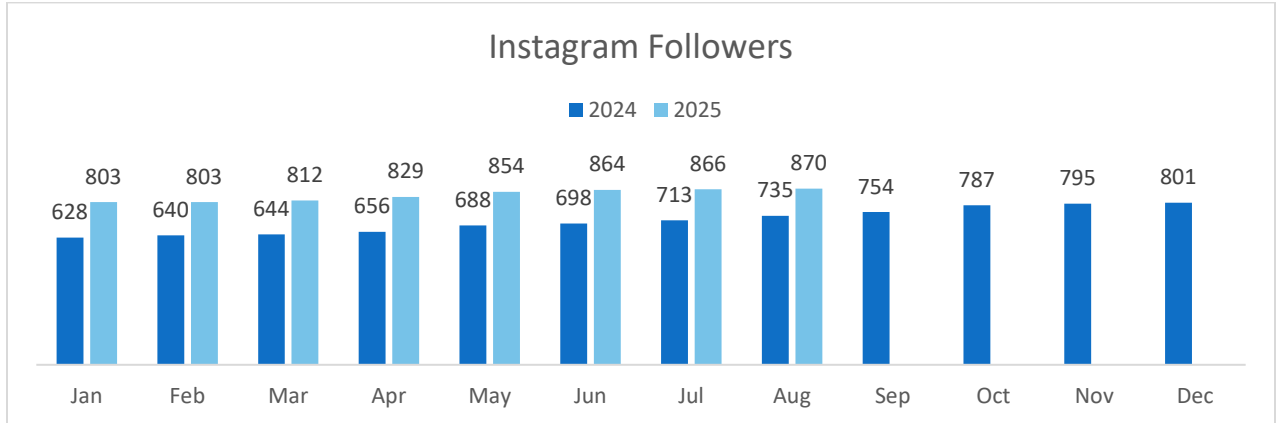
- TOP TWEET: Staff attend VCLA Leader Lunch, with 98 impressions and 4 engagements.
- HIGHEST ENGAGEMENT: Scam and Fraud Intervention Coaching, with 9 engagements.



## INSTAGRAM

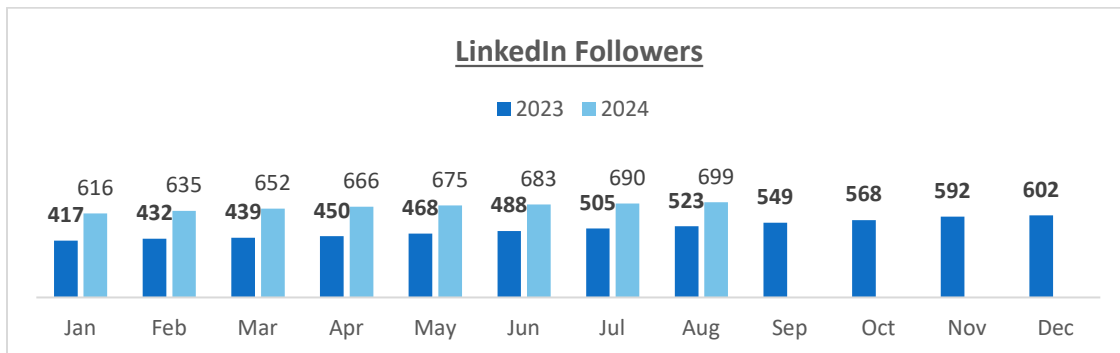
Instagram 90-day reach, 8,300; monthly, 711.

- HIGHEST REACH: Adventures in VR Nature Treks, 136 people.
- HIGHEST LIKES ON A POST: Staff attend VCLA Leader Lunch, 10 likes.
- PROFILE VISITS: 43



## LINKEDIN

- 1,232 post impressions
  - **Impressions** are content viewed or displayed in a feed.
- MOST IMPRESSIONS: Staff attend VCLA Leader Lunch; 232 impressions.
- HIGHEST VIEWS: Adventures in VR; 141 views.
- MOST REACTIONS: Staff attend VCLA Leader Lunch; 9 reactions.
- Search appearance is down 26%, post impressions up 15% and page visitors up 400%.



## YOUTUBE (6/2022)

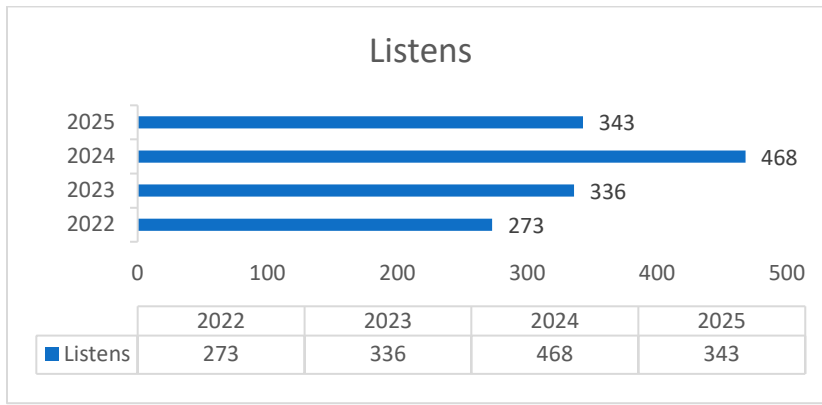
- Posted 52 videos since inception.
- 134 subscribers
- 430 views for the month; 10.6 hours of watch time.
- 83,700 views since inception.
- MOST VIEWED VIDEO: Care-A-Van Transportation Services; 70,527 views.
- SECOND MOST VIEWED VIDEO: Virtual tour of Adult Day Center; 2,096 views.
- TOP VIDEO OF THE MONTH: Romeo Roadshow visits ADC, 226 views in August (833 total).

## **SOUNDCLOUD (podcast)**

*(SoundCloud is the platform used for the District’s podcast which shares health and caregiver journeys, and true, first-person stories about life, love and learning.)*

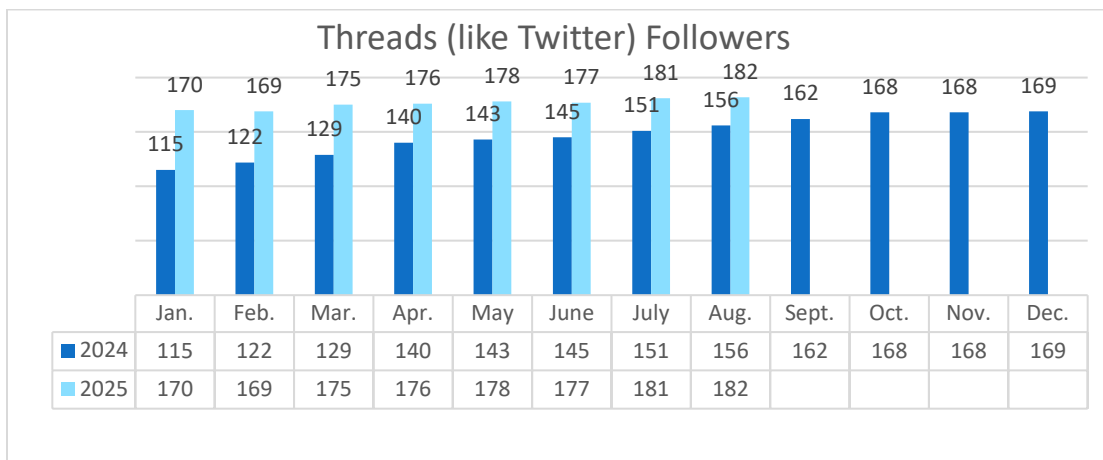
- 15 “Stories from the Heart” episodes.
- 1,420 all-time “listens.”
- 639 downloads from Apple Podcasts.
- 23 “likes.”

\*Most “plays” originating on our website (855).



## **EMERGING SOCIAL MEDIA**

The social media landscape is always evolving and we watch trends to ensure we have a presence where our audience is on their preferred platforms. Some may be on Facebook or prefer Instagram, or use both. Others may have left X (formerly Twitter) for Threads or BlueSky, or joined Clapper as an alternative to TikTok. We now have a presence on all three platforms, so we don’t miss anyone on social media with our messaging.

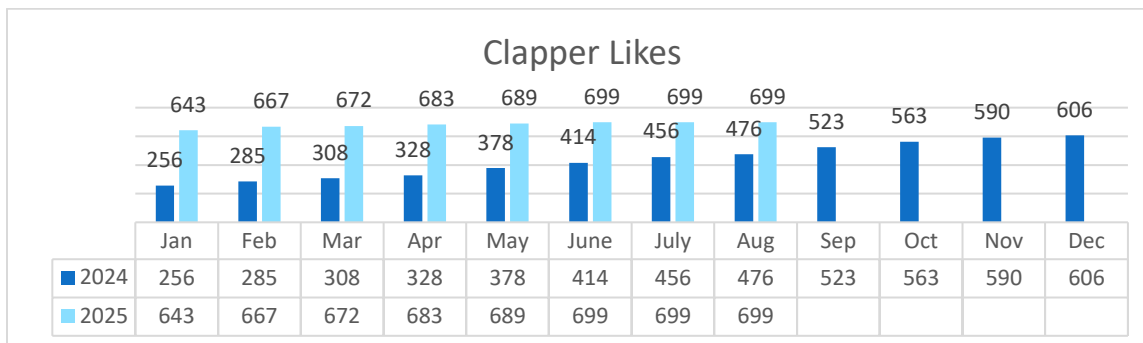
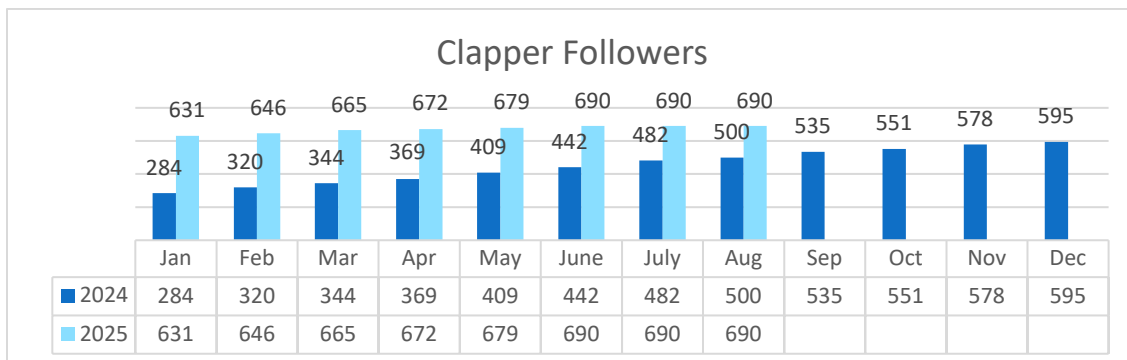
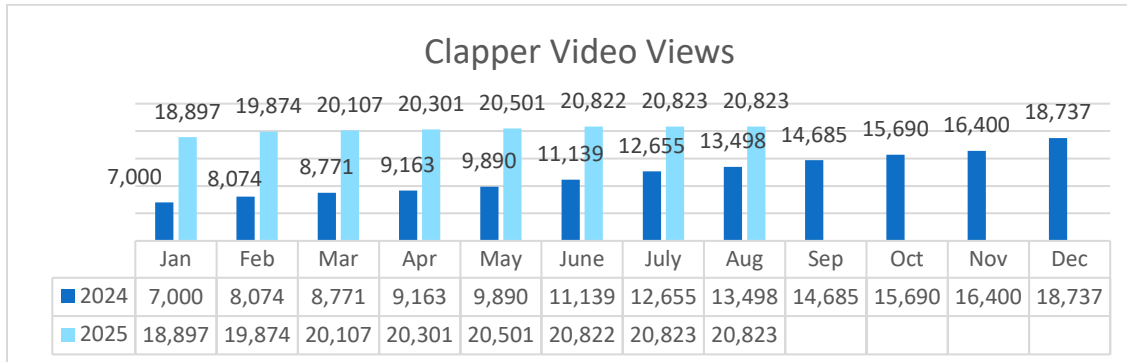


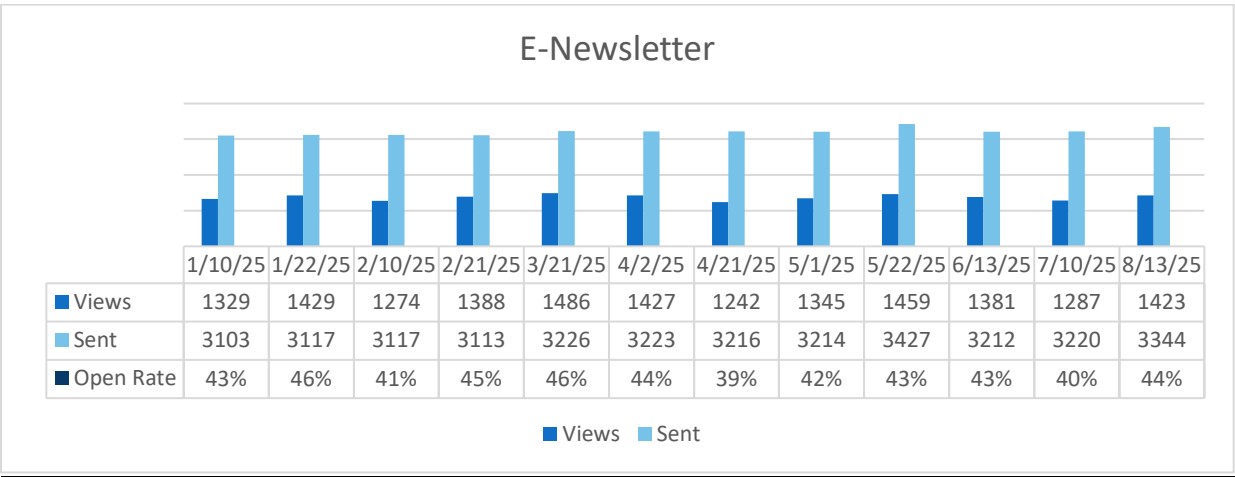
**THREADS** (7/2023): a Meta (Facebook/Instagram) product offered as an alternative to X, formerly Twitter, with the same functions: post words, photos, videos and links. Debuted in July 2023.

- 182 followers
- 305 views for August, up 87 from last month.
- 27 posts for August.
- 57 interactions, up 28 from last month.

**CLAPPER** (3/2023): an American-owned alternative to TikTok, sharing short videos to communicate messages. It has many of TikTok’s features, including filters, effects and music options.

- We have shared 10 videos since inception in March 2023 featuring our Adventures in VR classes, Digital Bridge appointments, Adult Day Center craft activity, Love on a Leash (animal therapy), Adult Day Center activity ring toss, magic table activity, ADC overview of activities, innovation award and 50 Plus Expo. These videos have 20,823 views and 699 likes in total, and we have 690 followers.





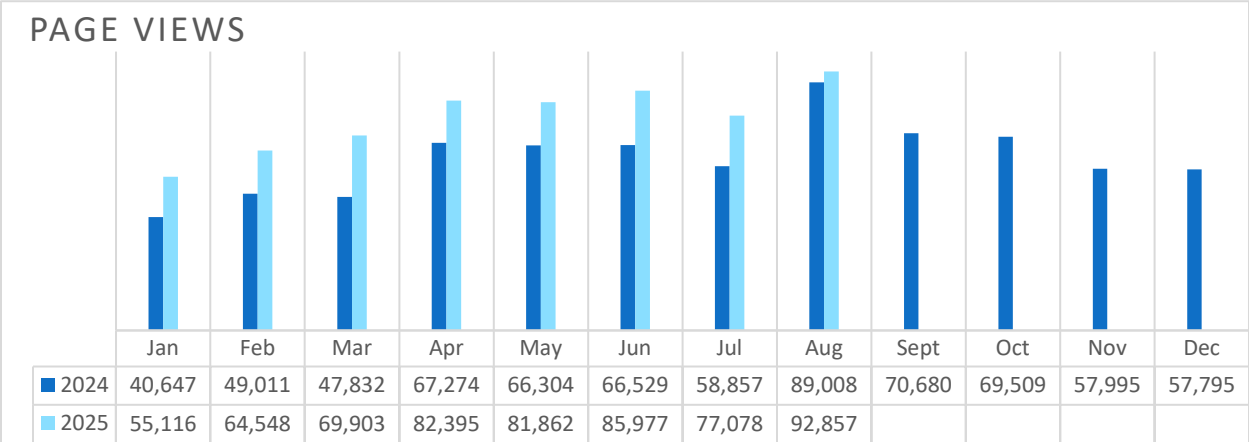
**E-Newsletter** (launched June 2, 2022)

Since the launch of the e-newsletter in June 2022, a total of 47 newsletters have been sent. The open rate has been averaging 40%, which is considered a “top-tier score”; marketing experts say average open rate should be 15-25%.

- **Newsletter Aug. 13, 2025**
  - Focused on milestones to celebrate and new VR Travel Clubs forming
  - 3,344 people received the e-newsletter
  - 1,423 opened and viewed it
  - 44% open rate (average open rate is 15-25%)

**Website**

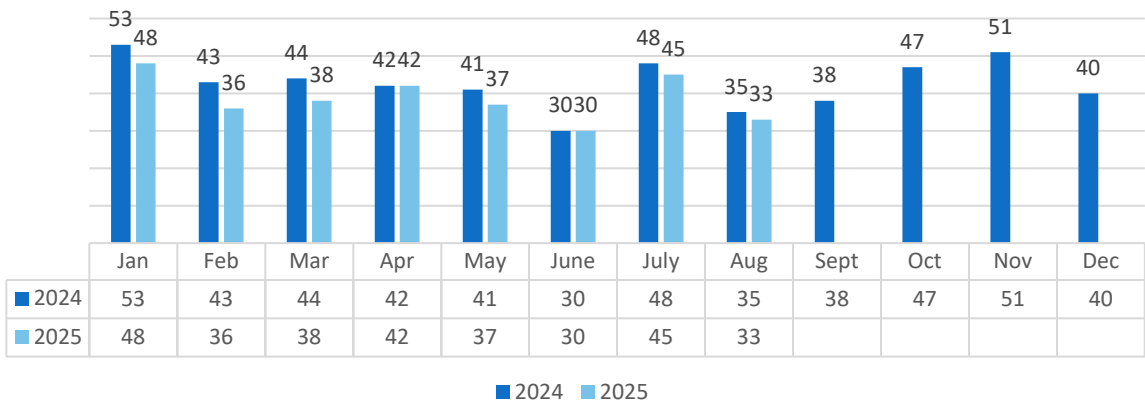
August: 92,857 views; Average 67,000 views/month  
 YOY growth: August 2025 shows an increase in views over August 2024 of 3,849.



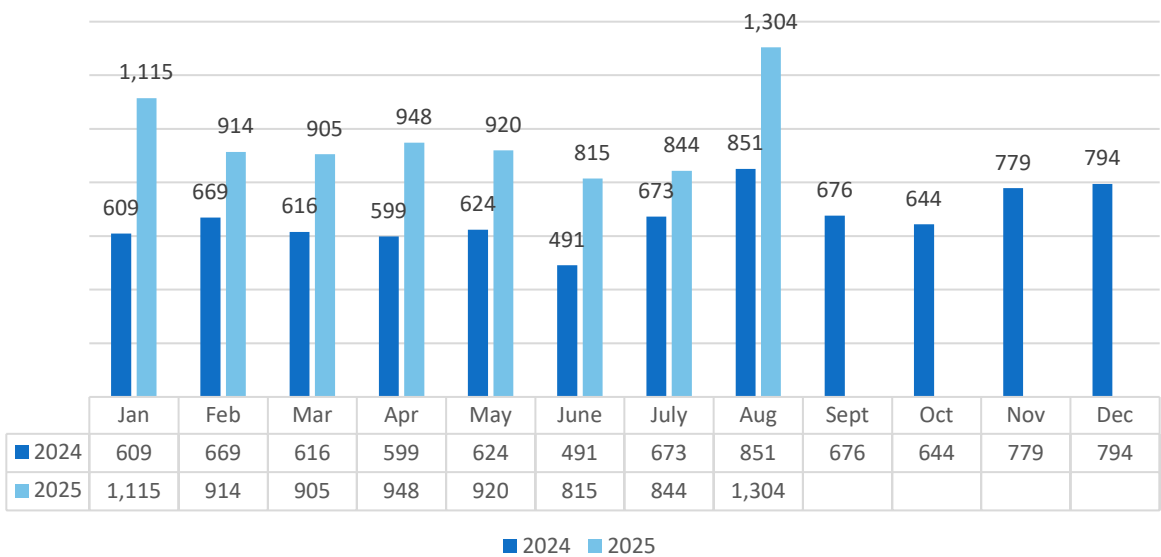
**Google Business Profile Report**

Ninety-seven people sought directions to our campus via Google and 94 people visited our website from a Google search. We’ve had 224 business profile interactions, including calling or seeking directions from Google. (Note: Google has changed its methodology for tracking profile views and this has resulted in potentially lower numbers because now multiple views by the same user within 24 hours count as one unique impression.)

### Calls from Google Search



### Google Profile Views



# MEMORANDUM

**DATE:** Sept. 8, 2025  
**TO:** Blair Barker, CEO  
**FROM:** Michelle Rogers, Community Services Manager  
**SUBJECT:** Community Outreach / Events – July-August 2025

## PROGRAM DESCRIPTION – **Community Outreach and Education**

**SUMMARY:** In fiscal year 2024-25, the District reached approximately 2,700 individuals through community outreach at eight community events and through off-site classes. This kind of outreach is important as it humanizes the District as staff serve as the face of the organization and make personal connections with individuals we serve. Information about our classes, programs and services are shared during these engagement opportunities, which boosts brand awareness and brings more people to our campus to take advantage of our offerings, helping us fulfill our mission. These outreach efforts are also another opportunity for us to promote what we do on social media, providing content for posts that reach people who may not have attended. Below are the most recent outreach efforts since the last report.



July 24, 2025:

### **Presentation for Moving Seniors Forward**

**Camarillo Health Care District**  
*24 people attended*

Camarillo Health Care District hosted two dozen members of the Moving Seniors Forward group for their monthly meeting on July 24. The District is represented in the group by Community Services

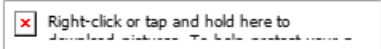
manager Michelle Rogers. The group is made up of local professionals who serve seniors, representing health and wellness services, housing and home services, as well as legal and financial services. It was established in 2008 and includes several dozen dedicated and compassionate individuals who are committed to providing guidance and information to enhance the lives of seniors and their families. Michelle was one of two speakers at the meeting. She spoke about our dementia specialty services, Dealing with Dementia and Dementia Live classes and Adult Day Center. She also shared information about how members of Moving Seniors Forward could get their businesses Dementia Friendly certified through Dementia Friendly Ventura County, and how individuals, including their staff, could become a certified Dementia Friend. Michelle has been invited to share that same information at the next Dementia Friendly Ventura County meeting to encourage other members to go out in their communities and engage people in conversations about the Dementia Friendly/Dementia Friend initiatives.



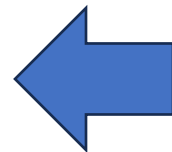
**Promotion: Email**

- City of Camarillo Senior News, August newsletter

## Agency Resources



Camarillo Health Care District (CHCD) offers a variety of educational opportunities to meet the needs of the community.



View the [Class Calendar](#) to find a variety of classes for learning, exercise or support. Some of the classes include:

- Adventures in VR
- Caregiving
- Digital Literacy
- Health Management
- Moving & Strengthening
- Tai Chi for Arthritis

Upcoming Doctor Presentations (Call 805-388-1952 to reserve a seat):

- **Sept 5** - What You Need to Know about Dental Implants
- **Sept 16** - New Treatments for Common Ear, Nose & Throat Issues

[Learn More](#)

## Promotion: Advertising and Listings

- Camarillo Acorn Ads
  - July 26, 2025: VR ad
  - Aug. 2, 2025: VR ad
- Ventura County Reporter
  - July 10, 2025: 2 listings
  - Aug. 11, 2025: 7 listings
  - Sept. 4, 2025: 3 listings

## Promotion: Articles

- “New CEO for Camarillo Health Care District”
  - Aug. 9, 2025, Camarillo Acorn

16 CAMARILLO ACORN AUGUST 9, 2025

### HEALTH

## New CEO for Camarillo Health Care District

■ Blair Barker has held increasingly responsible positions since 2013

A veteran of health care grants management, program development, oversight and strategic planning was named the new chief executive officer of the Camarillo Health Care District.

The appointment of Blair Barker to succeed Kara Ralston was made by the district's board of directors.

Ralston has served the Camarillo community since 1998, and took over as CEO in 2015.

It was two years prior when Barker joined the district, according to the announcement of her appointment. She holds a master's degree in public health from Cal State Northridge, and is working on her doctorate of public health at Tulane University.

Since joining the district 12 years ago, Barker has taken on increasingly responsible positions, most recently as program officer.

She represents the district on numerous advisory boards and collaboratives, including the Ventura County Community Health Improvement Collaborative and Ventura County Human Services Agency - Area Agency on Aging Advisory Council.


Barker also serves as adjunct faculty in the Health Sciences Department at Cal State Channel Islands, where she has been a member of the team developing CI's first master's in health administration program with an optional gerontological certificate program. The development of the latter "was informed by numerous stakeholder meetings with feedback from a variety of stakeholders that serve the older adult population, including the district."

She is a certified special district manager, a designation from the California Special District Leadership Foundation, and certified case manager.

As district CEO, Barker will be responsible for overall operations through the effective administration of approved policy, budget and operational standards within the California Health and Safety Section, applicable law and regulation, and in partnership with the board of directors.

She will also provide key leadership in issues of budget, finance, strategic planning, legislative issues, daily operations, and program and service delivery. Serving the area since 1969, the Camarillo Health Care District is recognized as an innovative, award-winning district throughout the state of California. It offers a broad range of interactive health and wellness programs designed to promote community health through service, education and empowerment, transform lives through inspiration and innovation, and help guide people toward healthy life choices to improve overall quality of life.

— Acorn staff report



Courtesy photo

**Barker**

## UPCOMING EVENTS

Sept. 27, 2025:

### 50 Plus Expo

Pleasant Valley Recreation and Parks District

200+ people anticipated

## SHOUT-OUTS/MENTIONS



Apply to share your story!

**LISTEN NOW**

3639 Las Posas Road, Camarillo

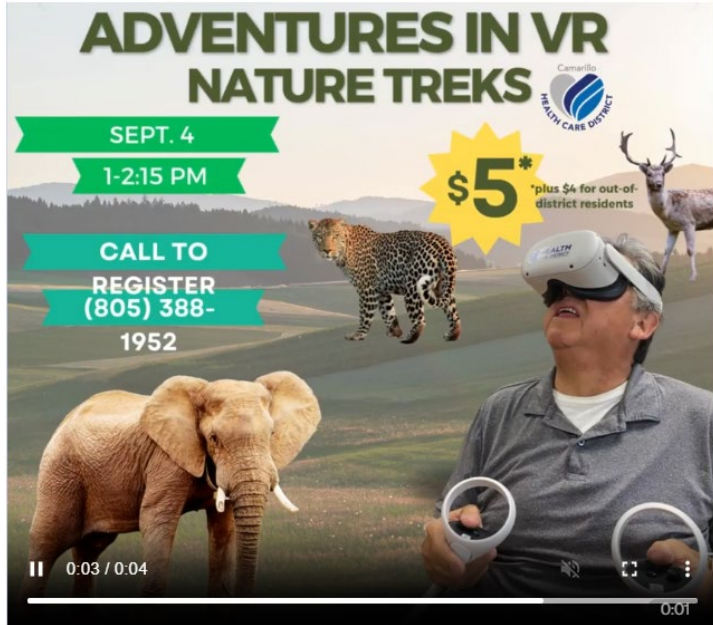
Posted to Subscribers of Camarillo Health Care District



**N** Neenle N. 19m · Dara  
I LOVE Stories From Thr Heart. Thank You Camarillo Health Care District!!!  
♡ Like ○ Reply ↻ Share ...

**V** Vicky R. 4m · Dos Caminos  
Thank you [Camarillo Health Care District](#) you have so many programs

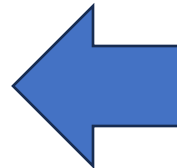




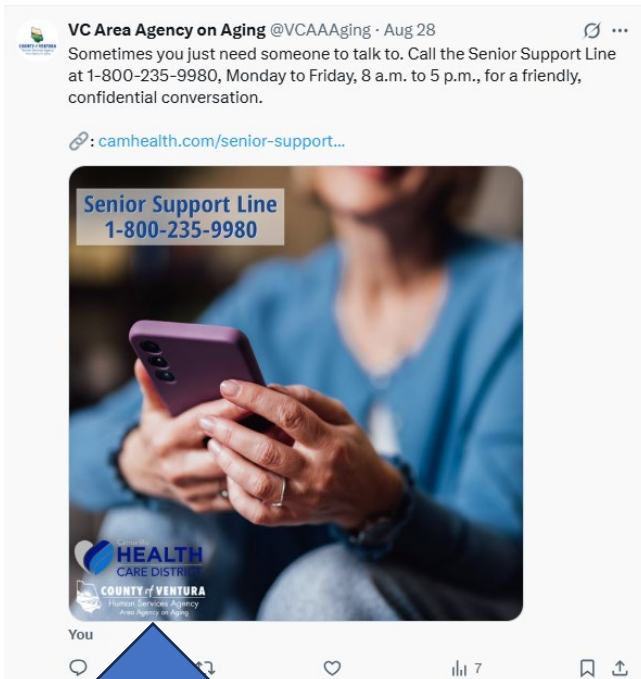
Posted to Subscribers of Camarillo Health Care District

1 · 1 · 754 Impressions

**N** Neenie N. 2w · Edited · Dara  
Where else can you have such fun for only \$5.00?! Thank You once again Camarillo Health Care District for ALL the very important & fun programs, classes and services!!



On NextDoor



VCAA promoted our Senior Support Line on "X"

# MEMORANDUM

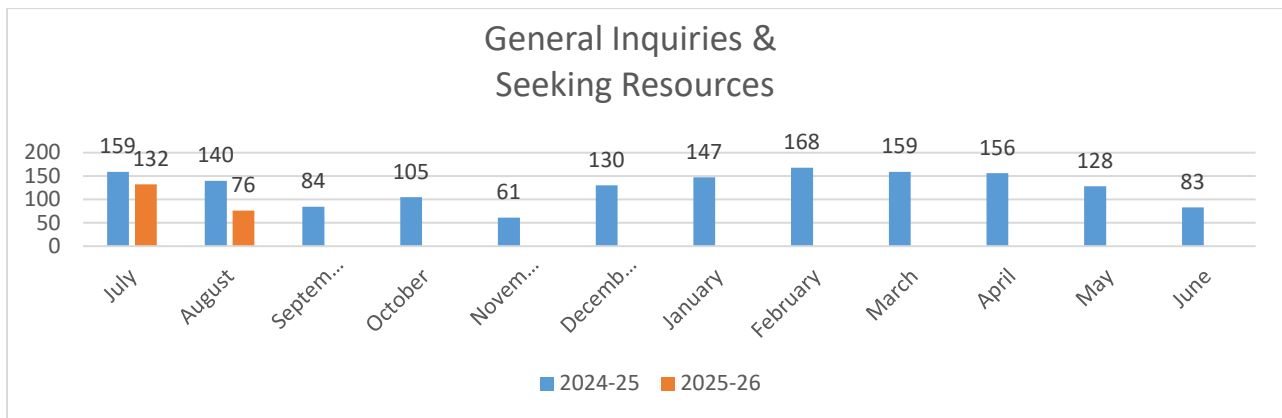
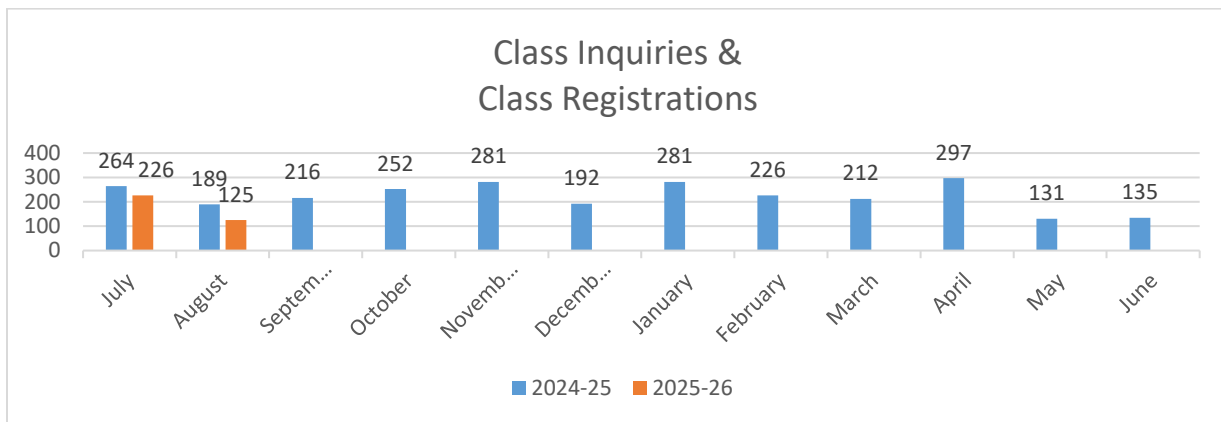
DATE: Sept. 8, 2025  
TO: Blair Barker, CEO  
FROM: Michelle Rogers, Community Services Manager  
SUBJECT: Monthly Program Report: August 2025

## PROGRAM DESCRIPTION – Facility Activity and Usage

The Facilities Department focuses on providing and maintaining a safe, clean, and inviting environment that facilitates the presentation and delivery of District services, customer service, reception, and professional hospitality.

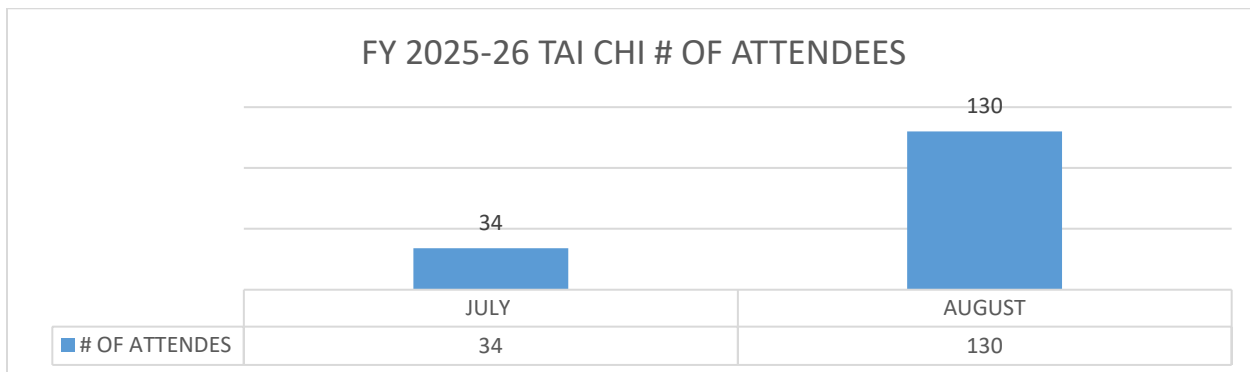
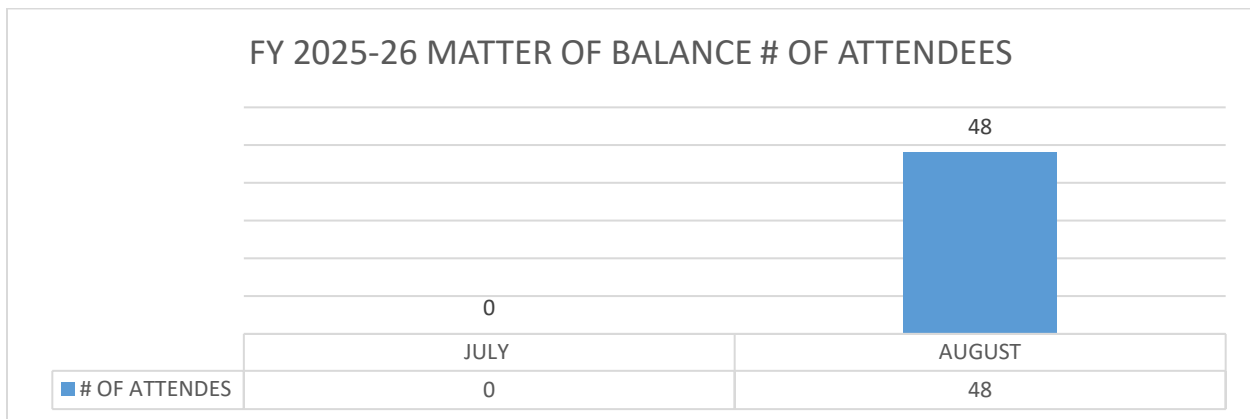
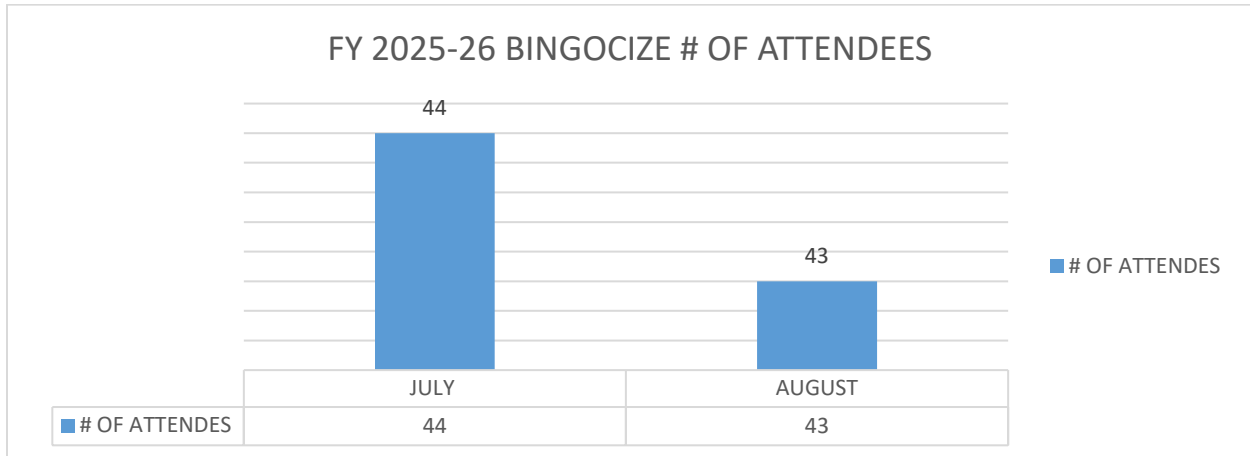
### Overview of guest interactions

Typically, we see a surge in activity, including phone calls and in-person visits, in the month the District’s magazine is published and mailed. The charts below show spikes in class inquiries and registrations in the first month the magazine is mailed out quarterly to District households. This illustrates what a valuable and powerful tool our printed magazine is in promoting our classes, programs and services.



**Facility Use - Classes**

The District offers classes that are designed to help individuals manage ongoing health challenges, live better with chronic illnesses, improve cognition and reduce fall risks, connect and thrive in a digital world, uplift mood through socialization and feel better about their overall well-being. Bingocize, Matter of Balance and Tai Chi resulted in **2,063 visits** to the District in fiscal year 2024-25. So far, in July and August, those classes have resulted in **299 visits**.



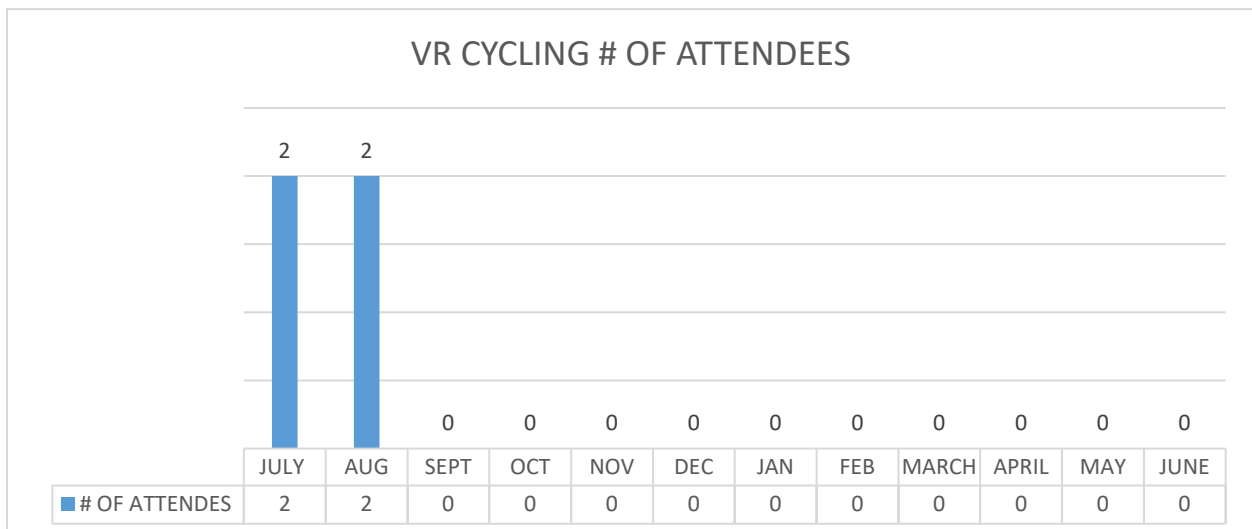
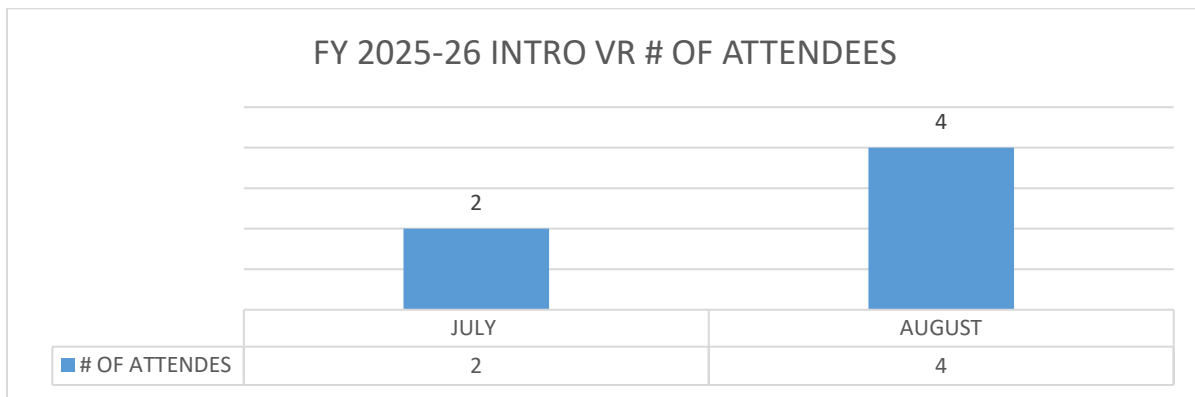
**Digital Literacy Classes**

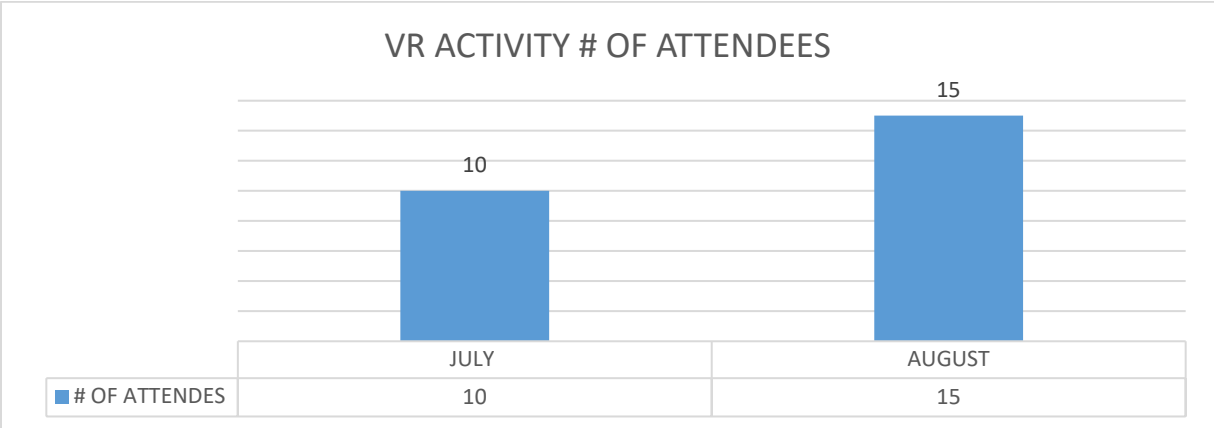
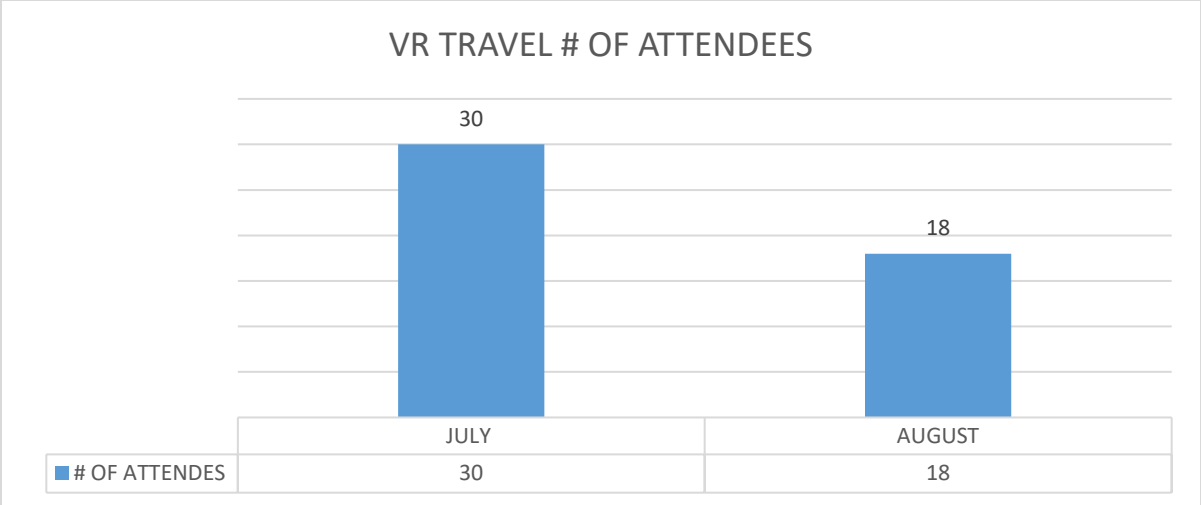
The District offers classes to help individuals improve their digital literacy, helping them to connect with family, friends, organizations, government, businesses and brands. These classes include Social Media

Basics, Digital Scrapbooking, Google Slides, Facebook/Instagram Stories and the newly added iPhone Tips & Tricks. Eight classes in the 2024-25 fiscal year resulted in **99 visits** to our campus. In addition, **106 people** received hands-on help through our Digital Bridge Program in fiscal year 2024-25. The new fiscal year has seen **29 visits**.

**Adventures in Virtual Reality Program**

Adventures in VR has generated approximately 680 visits to our campus in the last three years and we have facilitated classes at Leisure Village. These immersive experiences help combat social isolation through small-group gatherings and discussions, and improve digital literacy. Participants must take the required introductory level before advancing to intermediate, resulting in higher participation in intro level classes. The new VR Travel and Activity clubs are offered as a series, resulting in more visits from the same individuals as they get to know each other over four weeks. VR resulted in **382 visits** to our campus last fiscal year and **86 visits** this July and August.

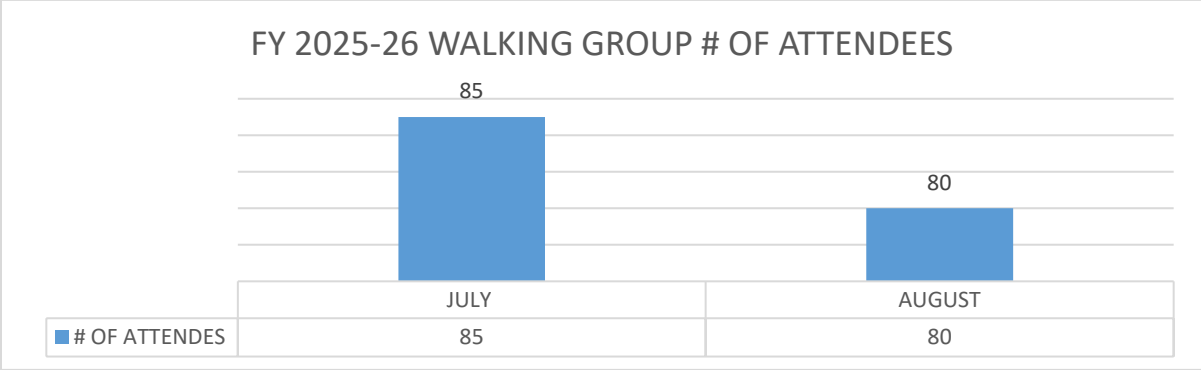




VR Activity Club was introduced in April 2025.

**Walking Group**

The District hosts a twice weekly Beginners Walking Group. Generally, 3 to 12 people participate as a drop-in activity, walking up to 2 miles and meeting afterward for a cup of water and conversation. This activity offers exercise, as well as social interaction and connection. During the 2024-25 fiscal year, Walking Group resulted in **536 visits** to the District. July and August of this fiscal year resulted in **165 visits**.



### BALANCEfit Program

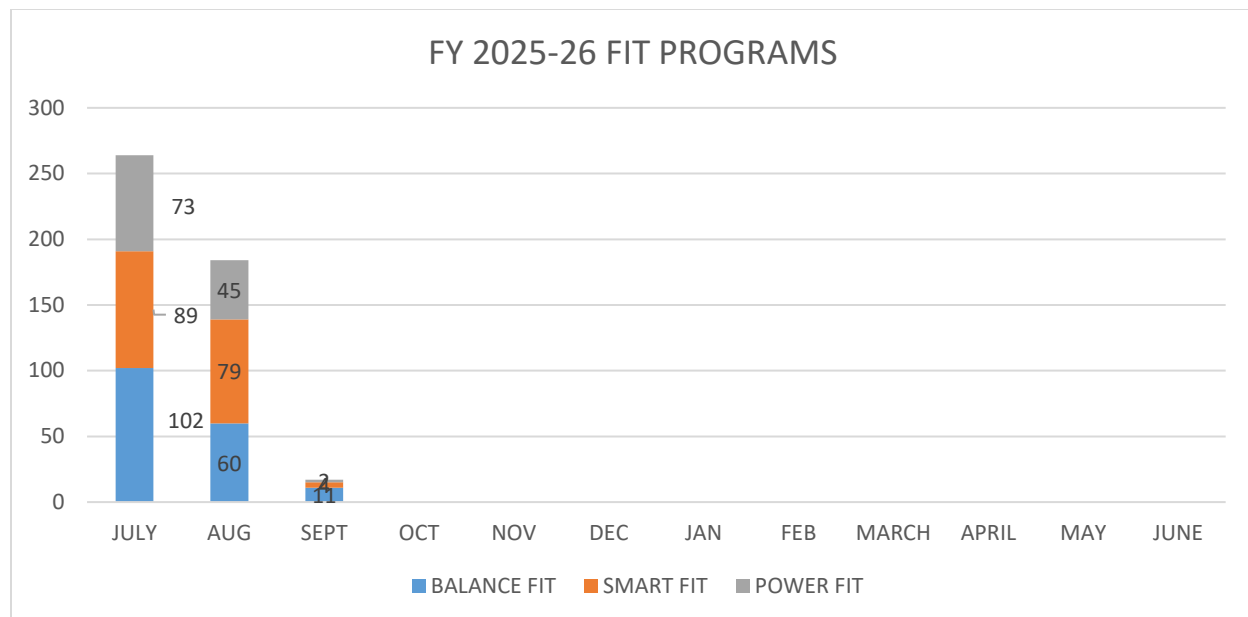
The District’s BALANCEfit Program has been in place for four years, offering one-on-one training for individuals to help improve their cognition and reduce their risk of falls. Games are focused on various cognitive and physical skills. During the 2024-25 fiscal year, individuals who enrolled in this twice-weekly, eight-week program made **2,333 visits** to our campus to participate and **173 visits** in July and August this fiscal year.

### POWERfit Program

The District’s POWERfit Program, combining additional rounds of BALANCEfit games with the use of resistance bands to help strengthen the upper body, launched in October 2023. Individuals who enrolled in the twice-weekly, four-week program made **632 visits** to our campus to participate in the 2024-25 fiscal year and **120 visits** in July and August this fiscal year.

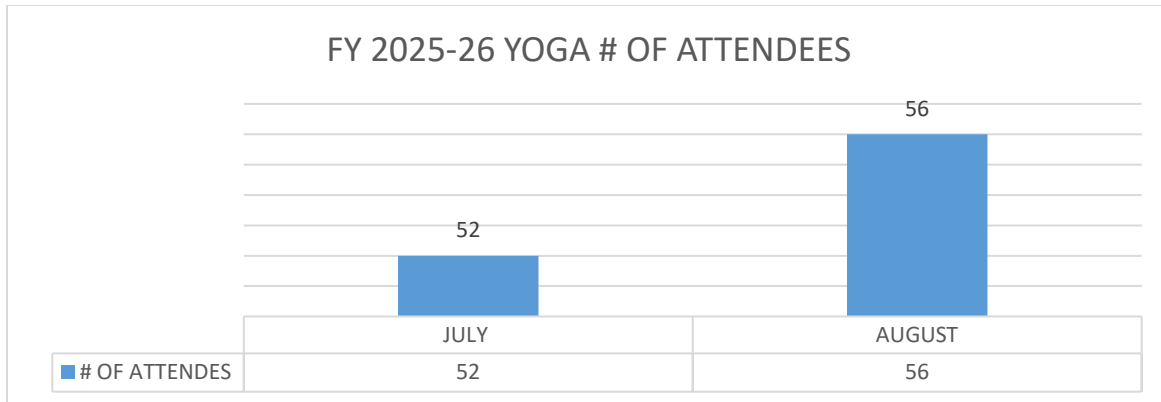
### SMARTfit Program

The District’s SMARTfit Program, which is physical and cognitive training disguised as fun games, launched in January 2024. It’s designed to deliver preventative and rehabilitative solutions to cognitive functions as well as motor functions. Individuals who enrolled in the twice-weekly, six-week program made **725 visits** to our campus to participate last fiscal year and **172 visits** in July and August this fiscal year.



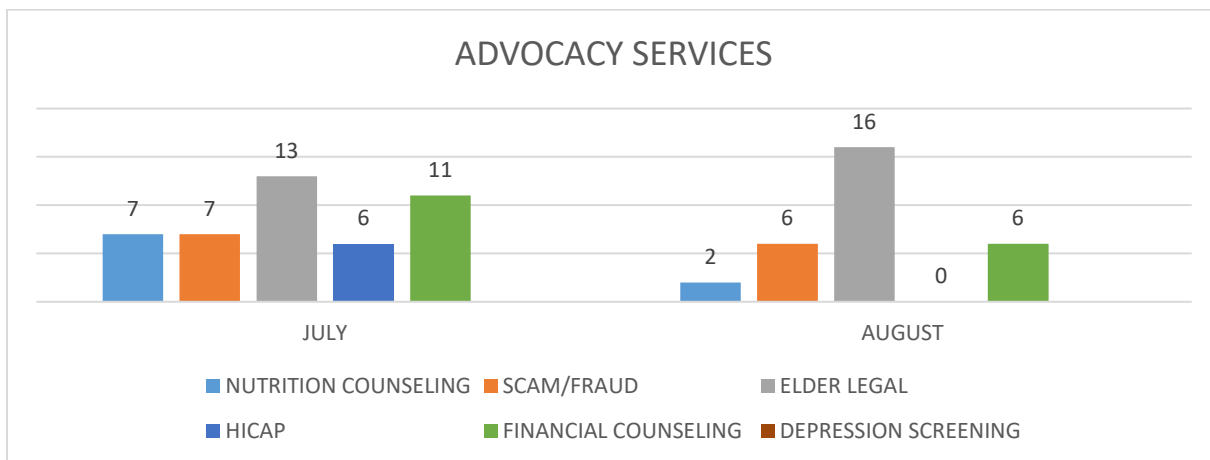
### Gentle Yoga

Instructor Mikal Rogers returned to teach Gentle Yoga in 2023 after taking a break during the pandemic. In fiscal year 2023-24, her classes resulted in 293 visits to our campus. Based on feedback from participants, she added a morning series that started in March 2024. Combined, her afternoon and morning classes resulted in **600 visits** to our campus last fiscal year and **108 visits** in July and August this fiscal year.



### Advocacy Services

The District hosts Elder Legal Services, Financial Services, Nutrition Counseling, Scam/Fraud Intervention Coaching and in February the seasonal AARP TaxAide Program. These services are offered at no cost and are facilitated by local experts who volunteer their time. In total, Advocacy Services resulted in **579 visits** to our campus last fiscal year and **74 visits** in July and August this fiscal year.

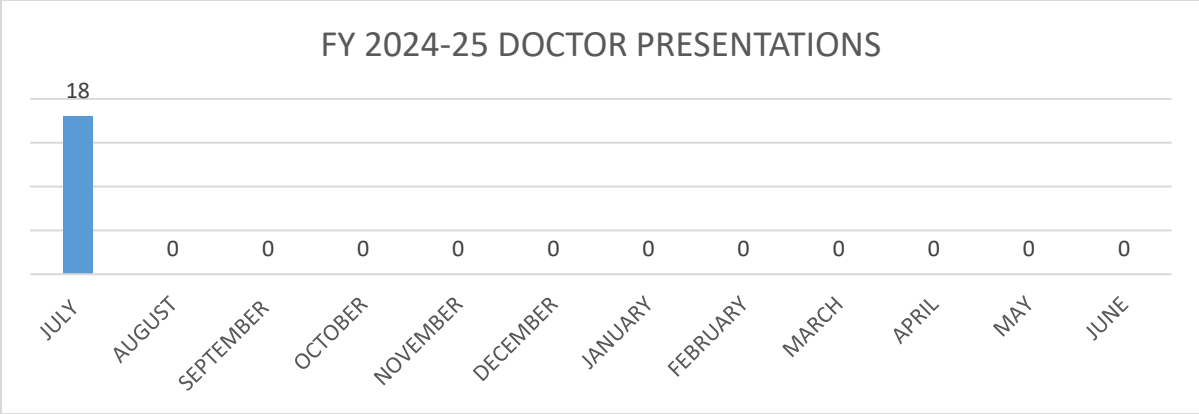


**Note:** Elder Legal Services is offered weekly; HICAP and Nutrition Counseling are bi-monthly, Financial Counseling and Scam/Fraud Intervention are monthly. HICAP counseling pauses October-December. AARP TaxAide is seasonal.

In addition, the Brain Injury Support Group holds bi-weekly meetings on our campus. In fiscal year 2024-25, the support group resulted in **212 visits** to our campus and **24 visits** in July and August this fiscal year.

### Special Presentations

The District hosts presentations throughout the year. Eight medical presentations in the 2024-25 fiscal year brought **197 people to our campus**. In addition, we hosted Medicare presentations by HICAP/VCAAA, resulting in **76 visits**, and we held our “Stories from the Heart” event at Camarillo Public Library, connecting with **35 people**. The Wellness Hour brought in **11 individuals** for a presentation on aging. In July of the 2025-26 fiscal year, one medical presentation resulted in **18 visits** to our campus.



**Facility Rentals**

The District offers some limited rental use of meeting and classroom space for mission-aligned opportunities in health education, training, health and wellness screenings, and community gathering purposes. Rental space is limited with priority given to District programs, services, classes; advocacy partners; and Board and committee meetings.

| FY 2025-26 Classroom Rentals                 | Date      | # Attendees | Revenue           |
|--|-----------|-------------|-------------------|
| Dr. Justin Miller (Aging Spine 3)            | 7/26/24   | 51          | \$160             |
| Dr. Saranya Raghunathan (Ears, Nose, Throat) | 7/23/24   | 46          | \$160             |
| Dr. Charles Scholler (Dental Implants)       | 7/26/24   | 5           | \$100             |
| Dr. Charles Scholler (Dental Implants)       | 2/7/25    | 5           | \$100             |
| Brain Injury Center (presentation)           | 3/28/25   | 19          | \$87.50           |
| Dr. Rachel Williams (Burn Treatments)        | 4/16/25   | 10          | \$160             |
| Dr. Saranya Reghunathan (ENT)                | 4/30/2025 | 54          | \$160             |
| Dr. Jonathan Shirman (Addiction medicine)    | 5/1/2025  | 14          | \$160             |
| Dr. Petros Frousiakis (robotic knee surgery) | 5/7/2025  | 17          | \$160             |
| <b>TOTAL</b>                                 |           | <b>221</b>  | <b>\$1,247.50</b> |
| <b>FY 2024-2025 BUDGET GOAL</b>              |           |             | <b>\$960.00</b>   |

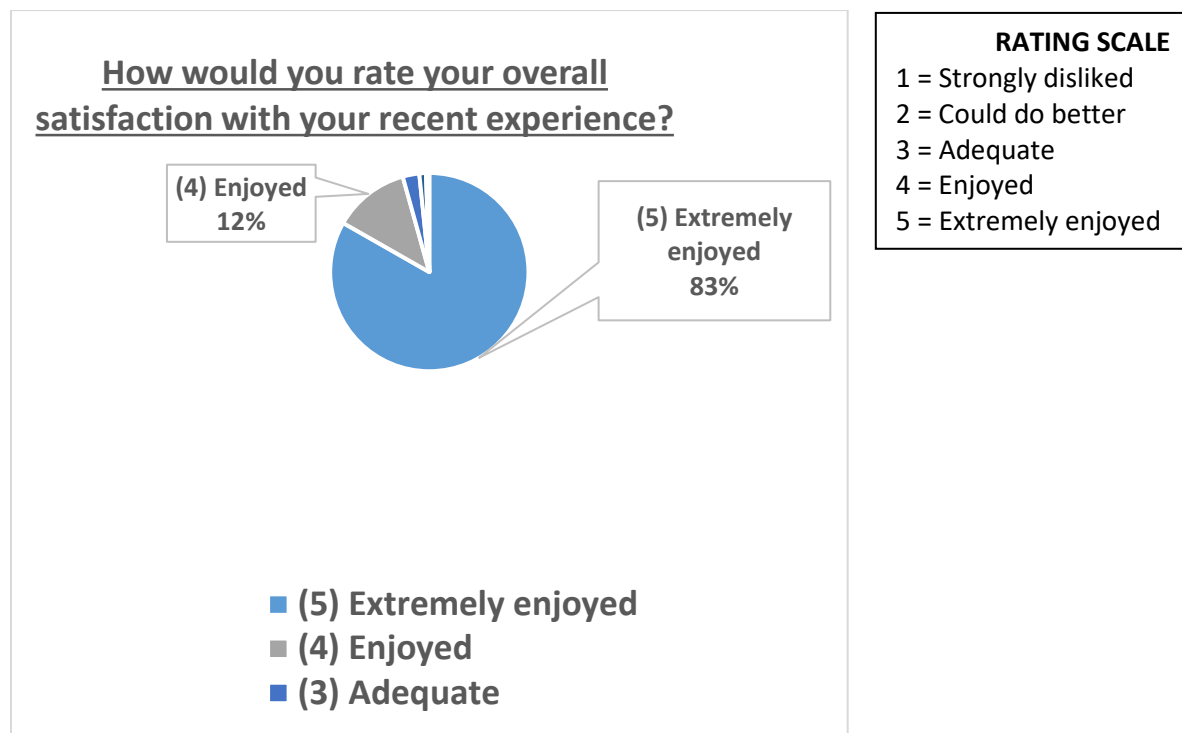
| FY 2025-26 Classroom Rentals               | Date    | # Attendees | Revenue        |
|--|---------|-------------|----------------|
| Dr. Robert Streeter (Choosing a Physician) | 7/28/25 | 18          | \$160          |
| Dr. Charles Scholler (Dental Implants)     | 9/5/25  | 14          | \$100          |
| Dr. Saranya Reghunathan (ENT)              | 9/16/25 |             | \$160          |
| Dr. Andrew Voyiadjis (Living with MS)      | 11/7/25 |             | \$160          |
| <b>TOTAL</b>                               |         | <b>32</b>   | <b>\$580</b>   |
| <b>FY 2025-2026 BUDGET GOAL</b>            |         |             | <b>\$1,320</b> |

### **Ongoing Survey**

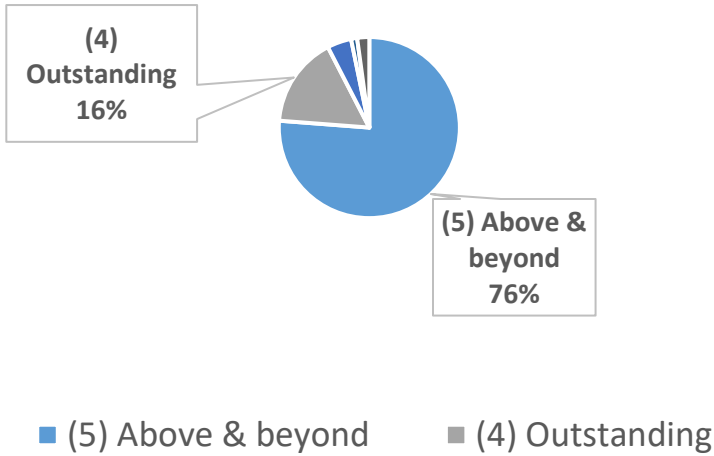
Each class participant receives a survey to describe their experiences at the Districts. In general, respondents are:

- Between age 60-89
- 75% percent are female.
- 78% are from Camarillo.
- 55% heard of the District through our magazine.
- 38% are first-time clients.

Most responded that after their visit they **“felt strengthened and empowered,”** “had a **“renewed sense of well-being,”** **“felt more knowledgeable about community resources”** and **“felt entertained and energized.”** The charts below represent responses since January 2024.

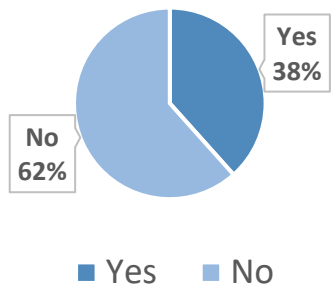


### Did the service meet your expectations?

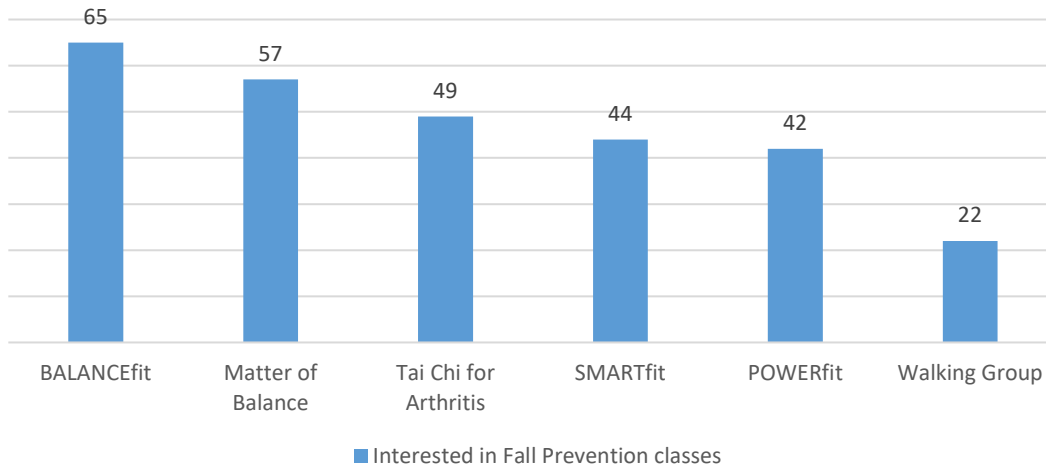


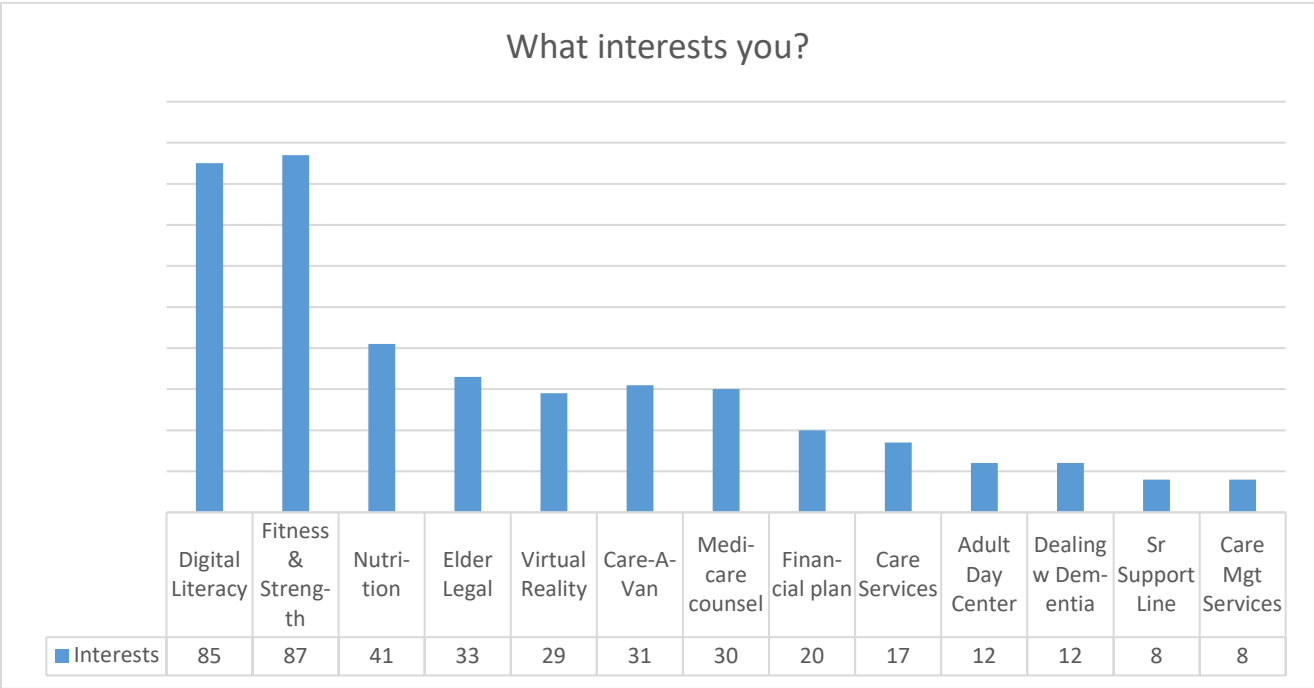
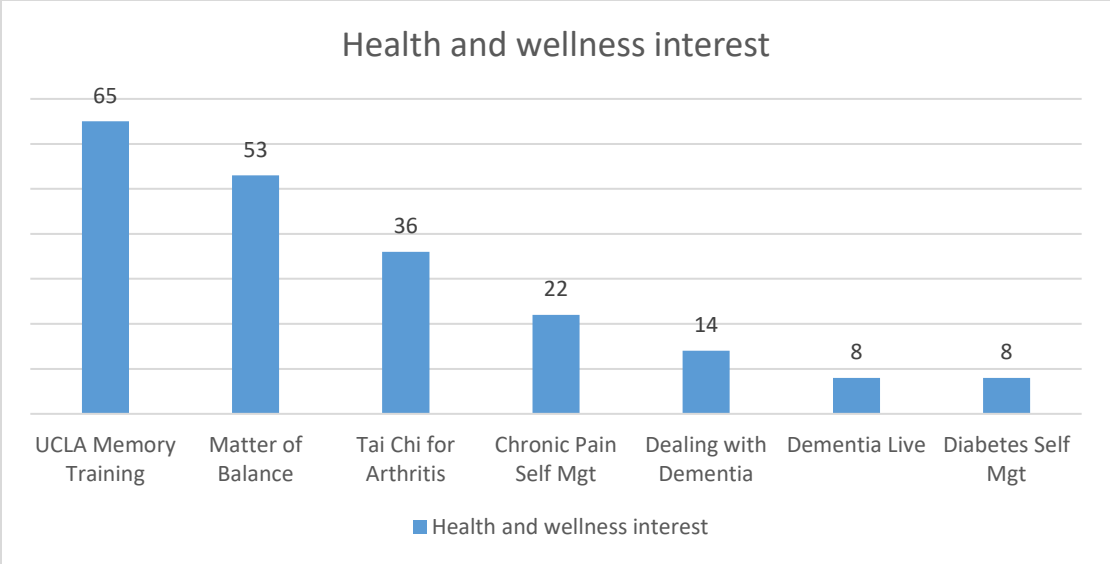
**RATING SCALE**  
 1 = Not at all  
 2 = Somewhat  
 3 = Met expectations  
 4 = Outstanding  
 5 = Above and beyond

### Is this your first visit to CHCD?



### Fall prevention interest





## August 2025 Report

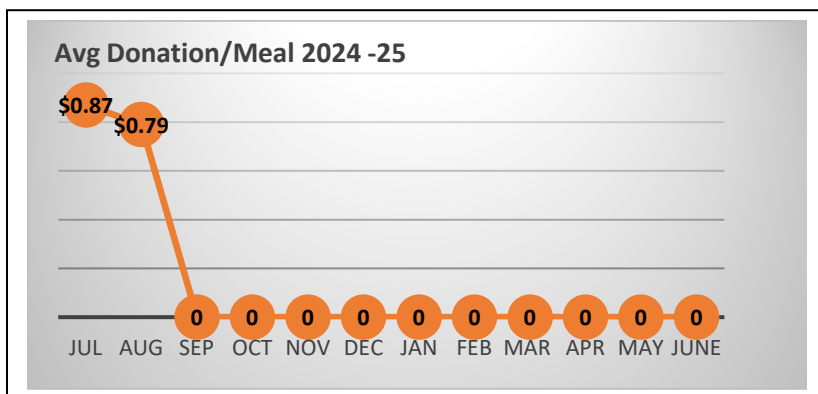
**Date:** September 8<sup>th</sup>, 2025  
**To:** Blair Barker, CEO  
**From:** Asa Vaughn-Burnett, Care Services Director  
 April Colbert, Senior Nutrition Coordinator  
 Monthly Program Report: **August 2025**

The Senior Nutrition Program (SNP) provides supplemental nutrition for Camarillo area residents aged 60 and over through the Ventura County Area Agency on Aging’s (VCAAA) nutrition grant program, in efforts to enhance physical, mental, and emotional well-being. Home Delivered Meals (HDM) are delivered to homebound seniors who are unable to procure or prepare their own meals, and include fresh fruit, dairy and grain products as supervised by VCAAA registered dietician. Up to 5 meals/week are delivered in a bundle once each week.

The District began administrating the operational arm of the Senior Nutrition Program in April 2005, under grant funding from the Ventura County Area Agency on Aging (VCAAA). In FY 2006/07, the City of Camarillo approved funding support for the Home Delivered portion of the Senior Nutrition. VCAAA manages the food procurement part of the program, while the District provides the operational and logistical support of implementation. Since the District’s participation in this program, more than 650,000 meals have been delivered.

|                            | Aug 2025 | Unduplicated Clients FYTD |
|----------------------------|----------|---------------------------|
| <b>New clients</b>         | +4       | *247                      |
| <b>Disenrolled Clients</b> | -7       |                           |
| <b>Net Gain</b>            | -3       |                           |

*\*May include clients currently on hold*



There is no charge per funding agreement but a \$4.00 per meal contribution is suggested by VCAAA.

| TOTAL MEALS DELIVERED (cumulative)                             |                | VCAAA Funding    | VCAAA meals granted | % program split     | City Funding (HDM only) | City CBDG CV3 Funding (HDM only) |
|--|----------------|------------------|---------------------|---------------------|-------------------------|----------------------------------|
| Program began April 1, 2005                                    |                | \$27,602         |                     |                     |                         |                                  |
| Total meals served FY 2005-2006                                | 34,382         | \$52,099         |                     |                     |                         |                                  |
| Total meals served FY 2006-2007                                | 28,234         | \$84,468         |                     |                     | \$32,000                |                                  |
| Total meals served FY 2007-2008                                | 27,332         | \$79,978         |                     |                     | \$32,000                |                                  |
| Total meals served FY 2008-2009                                | 26,168         | \$82,424         |                     |                     | \$35,000                |                                  |
| Total meals served FY 2009-2010                                | 27,132         | \$82,259         |                     |                     | \$37,000                |                                  |
| Total meals served FY 2010-2011                                | 22,598         | \$84,166         | 25,700              | 62% HDM<br>38% Cong | \$37,000                |                                  |
| Total meals served FY 2011-2012                                | 15,936         | \$69,536         | 23,710              | 62% HDM<br>38% Cong | \$37,000                |                                  |
| Total meals served FY 2012-2013                                | 12,941         | \$60,800         | 20,075              | 96% HDM<br>4% Cong  | \$37,000                |                                  |
| Total meals served FY 2013-2014                                | 19,452         | \$52,572         | 18,600              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2014-2015-<br>(HDM+C)                    | 23,036         | \$52,572         | 20,460              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2015-2016<br>(HDM+C)                     | 22,799         | \$55,942         | 20,460              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2016-2017<br>(HDM+C+ ARCH)               | 23,148         | \$69,660         | 22,320              | 93%HDM<br>7% Cong   | \$37,000                |                                  |
| Total meals served FY 2017-2018<br>(HDM+C+ARCH)                | 25,396         | \$69,375         | 22,500              | 97%HDM<br>3% Cong   | \$37,000                |                                  |
| Total meals served FY 2018-2019<br>(HDM+C)                     | 29,883         | \$73,750         | 24,000              | 98% HDM<br>2% Cong  | \$37,000                |                                  |
| Total meals served FY 2019-2020<br>(HDM+C)                     | 39,719         | \$84,375         | 27,500              | 96%HDM<br>4% Cong   | \$37,000 +<br>\$7500    |                                  |
| Total meals served July 2020- June<br>2021 (HDM + Cong.)       | 77,228         | \$96,058         | 30,250              | 96%HDM<br>4% Cong   | \$37,000                |                                  |
| FYTD Total meals served July 2021 -<br>June 2022 (HDM + Cong.) | 49,689         | \$96,058         | 30,250              | 96% HDM<br>4% Cong  | -                       | \$50,000                         |
| FYTD Total meals served July 2022<br>– June 2023 (HDM + Cong.) | 52,766         | \$96,058         | 30,250              | 96% HDM<br>4% Cong  | -                       | \$50,000                         |
| FYTD Total meals served July 2023<br>– June 2024 (HDM)         | 50,064         | \$186,660        | 51,000              | 100% HDM            | -                       | \$50,000                         |
| FYTD Total meals served July 2024<br>– June 2025 (HDM)         | 43,119         | \$204,733        | 45,000              | 100% HDM            | \$40,000                | -                                |
| <b>FYTD Total meals served July 2025<br/>– June 2026 (HDM)</b> | <b>7,431</b>   | <b>\$410,000</b> | <b>42,444</b>       | <b>100% HDM</b>     | <b>\$50,000</b>         |                                  |
| <b>TOTAL cumulative meals</b>                                  | <b>654,700</b> |                  |                     |                     |                         |                                  |

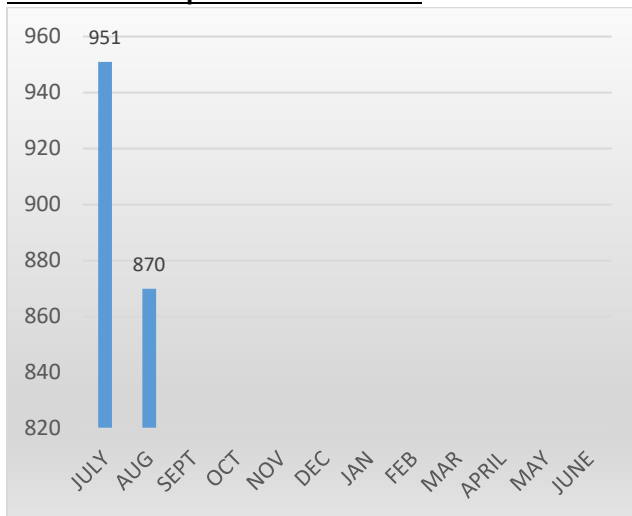
## NEW CLIENTS

| Referral Source                                    | # of clients |
|--|--------------|
| Friend/Neighbor/Family                             | 1            |
| Acorn  | -            |
| Walk-in  | -            |
| Website/ Social Media                              |              |
| District Magazine                                  |              |
| Health Care Provider:<br>APS/Hospital/Doctor/SWrkr |              |
| VCAAA  |              |
| Previous Client                                    |              |
| Internal District referral                         | 3            |
| CCOA referral                                      | -            |
| Hospice  |              |
| OASIS Catholic charities                           | -            |
| Project HOPE                                       | -            |
| <b>TOTAL</b>                                       | <b>4</b>     |

## CANCELLATIONS

| Reason Given                         | # of clients |
|--------------------------------------|--------------|
| No longer requires services          | 2            |
| Family/Caregiver now providing meals |              |
| Moved in with family                 | -            |
| Moved into care facility             | 1            |
| Moved to alternate program           | -            |
| No longer meets criteria             |              |
| Health improved: able to cook        |              |
| Dietary restrictions                 | 1            |
| Relocation out of service area       | 1            |
| Deceased                             | 2            |
| On hold for extended time            |              |
| <b>TOTAL</b>                         | <b>7</b>     |

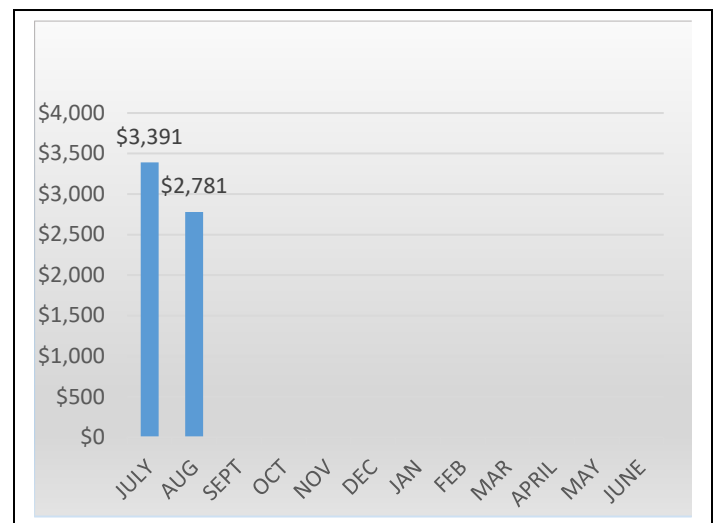
## Clients Served per Month 2025-26



\*client count is duplicated count as clients receive meals each week.

\*\* Meals served per month change if clients are on hold or meals are returned.

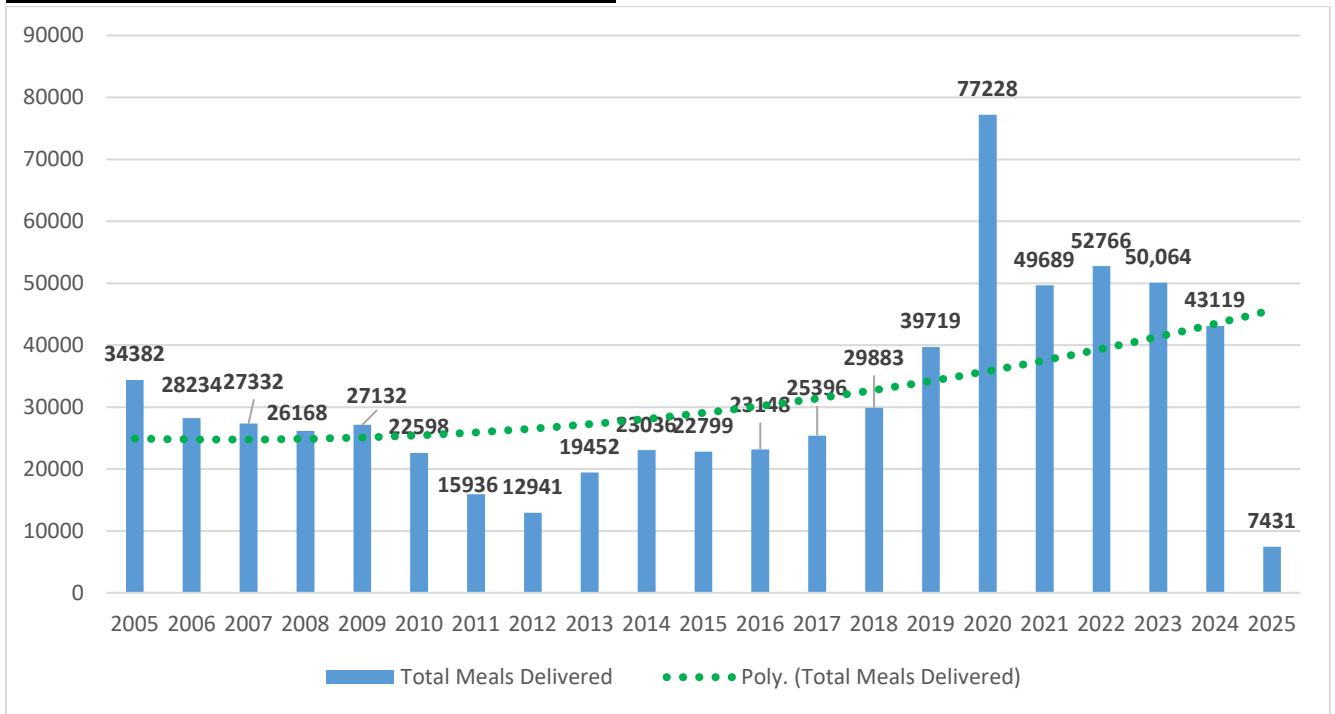
## Donations Rec'd per Month 2025-26



**Total Meals Delivered/Month 2025-26**



**Total Meals Delivered: Multi-Year View**



# MEMORANDUM

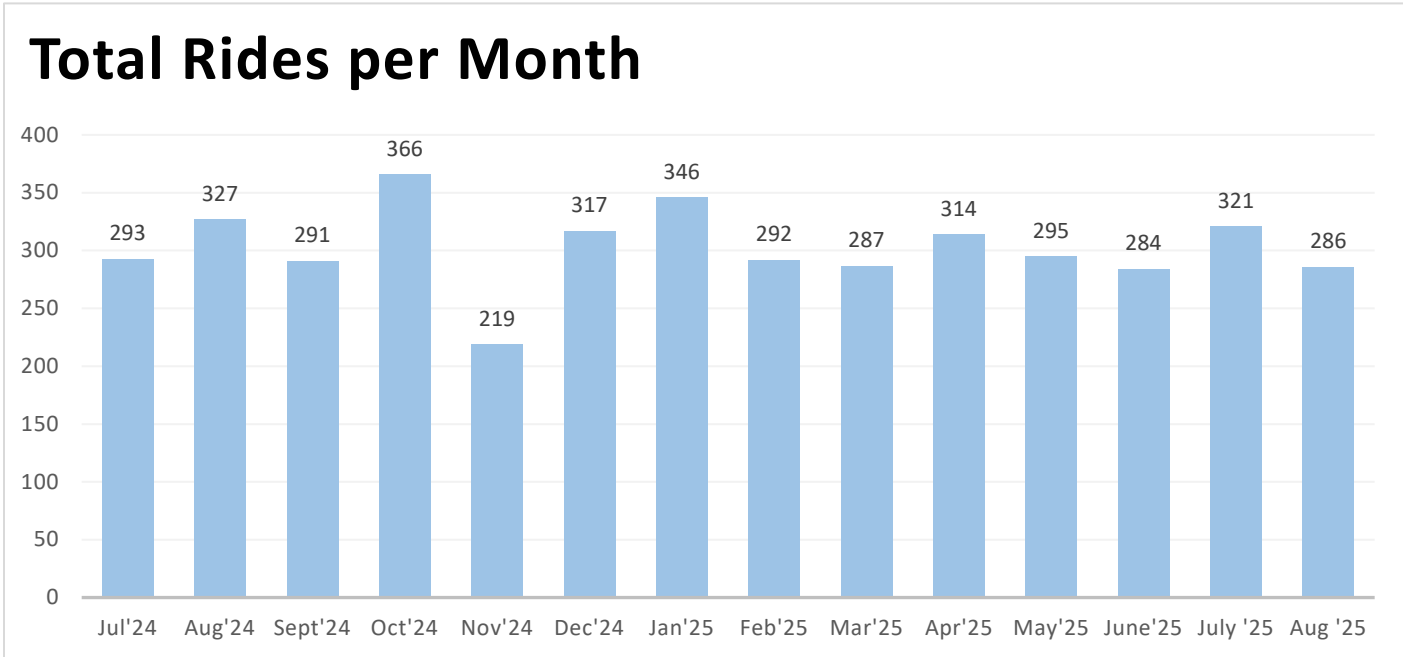
**DATE:** September 8<sup>th</sup>, 2025  
**TO:** Blair Barker, Chief Executive Officer  
**FROM:** Asa Vaughn-Burnett, Care Services Director  
**SUBJECT:** *August Monthly Report*

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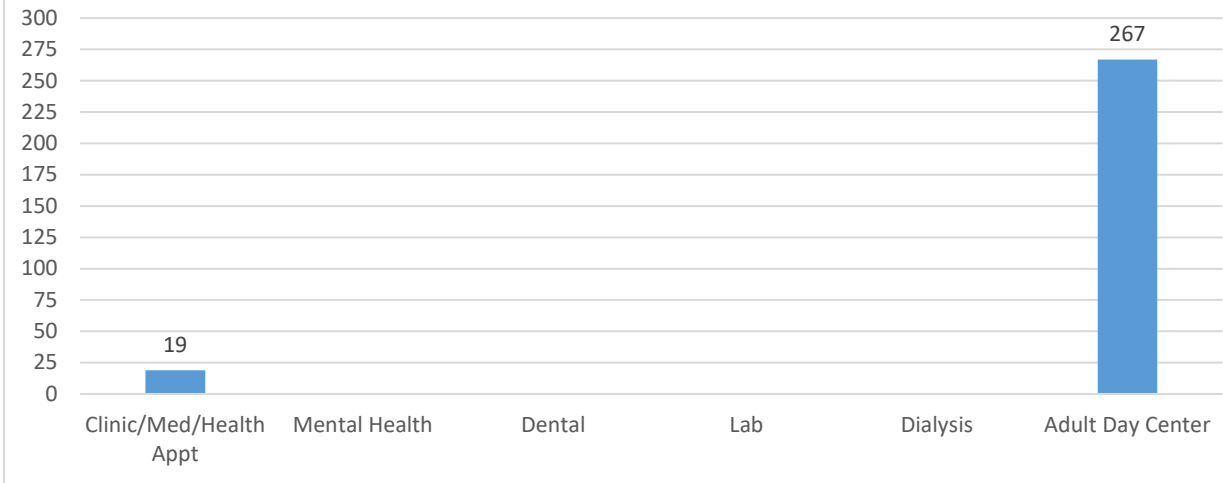
## PROGRAM DESCRIPTION

Camarillo Health Care District provides door-through-door transportation for non-emergency medical appointments and other activities of daily living, including to and from District programs, throughout Ventura County. Drivers are trained in CPR and First Aid, and have additional sensitivity training in transporting frail, elderly cognitively challenged and mobility-challenged riders. Vehicles are equipped with hydraulic lifts to accommodate wheelchair clients, oxygen canisters, and other assistive mobility devices.

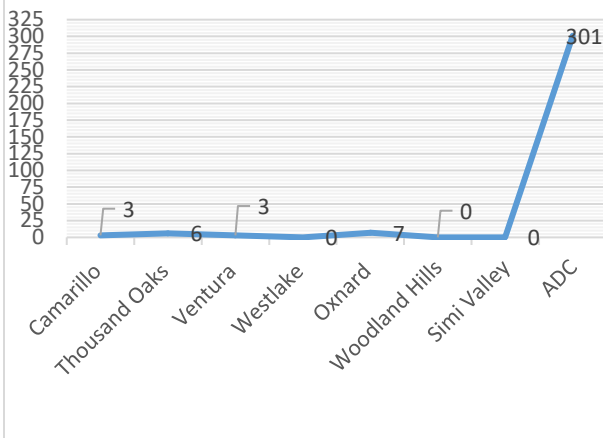
Rides originate in the service area and can be provided to destinations throughout Ventura County, and to Kaiser in Woodland Hills. Transportation services remain available with proper capacity, safety and spread mitigation limits.



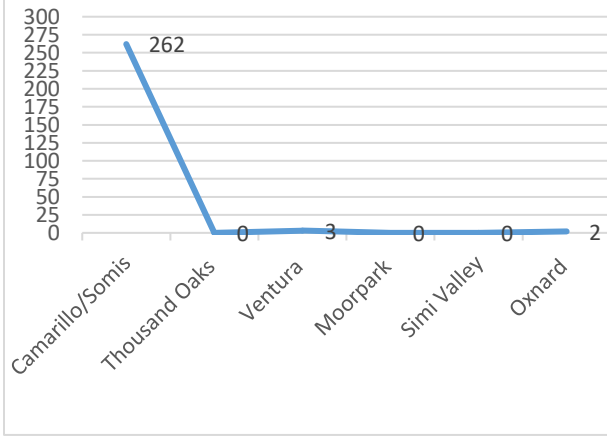
### Cause or Reason for Ride



### Ride Destinations



### Adult Day Ride Destinations







## SECTION 9

### FUTURE MEETINGS AND EVENTS

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#### BOARD OF DIRECTORS MEETINGS

|   |                                |
|---|--------------------------------|
| <b>ACHD Annual Meeting – San Diego</b>  | September 24-26, 2025          |
| Executive Committee: <b>Dixon/Doria</b> | October 13, 2025 – 12:30 p.m.  |
| Finance Committee: <b>Feinberg</b>      | October 23, 2025 – 10:00 a.m.  |
| Regular Full Board                      | October 23, 2025 – 12:30 p.m.  |
| Executive Committee: <b>Dixon/Doria</b> | November 10, 2025 – 12:30 p.m. |
| Regular Full Board                      | November 20, 2025 – 8:30 a.m.  |
| Regular Full Board                      | December - <b>DARK</b>         |